



I-SGLT2: QUEL(S) MECANISME(S) D'ACTION ?

PR JEAN-SÉBASTIEN HULOT

*Clinical Investigations Center, Hôpital Européen Georges Pompidou
& Team 6 PARCC*



Disclosures:

Research Grants (to the institution): ANR; BPI; Fédération Française de Cardiologie; FRM; Inserm; Leducq Foundation; PIA; Sanofi; Pliant Thx

Consulting fees: Alnylam; Bayer; Boerhinger; Novartis; Novo Nordisk

Lecturing fees: Alnylam; Amgen; Astra-Zeneca; Bayer; Boerhinger; BMS; Novartis;

Patents :

“GDF3 as a biomarker and biotarget in post-ischemic cardiac remodeling”

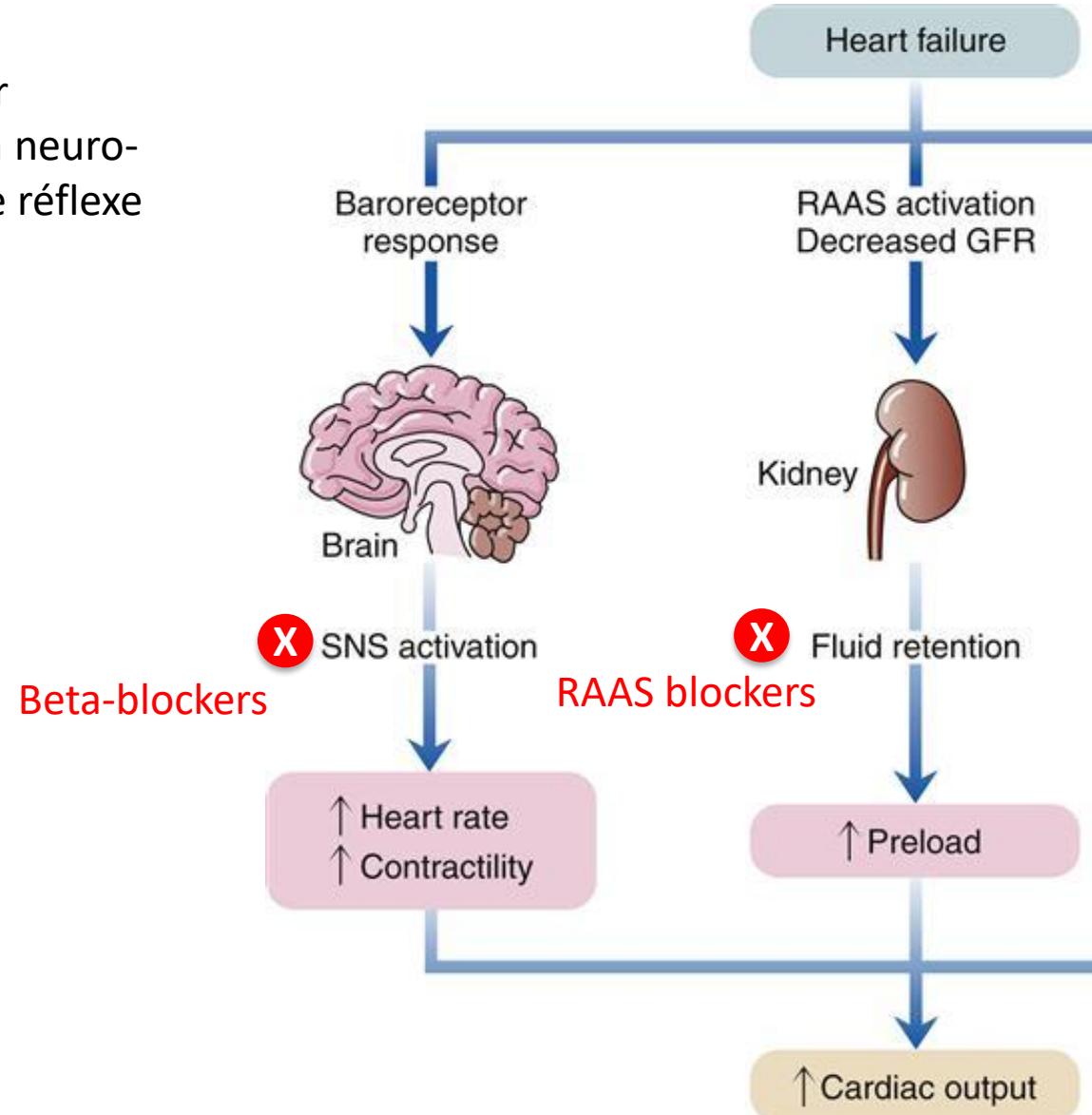
“Use of alpha-V integrin (CD51) inhibitors for the treatment of cardiac fibrosis”

“Methods for improving relaxation of striated myocytes”

Scientific Advisor: 4DCell (Montreuil, France); Kimialys (Paris, France)

AVANT & APRES LES SGLT2i

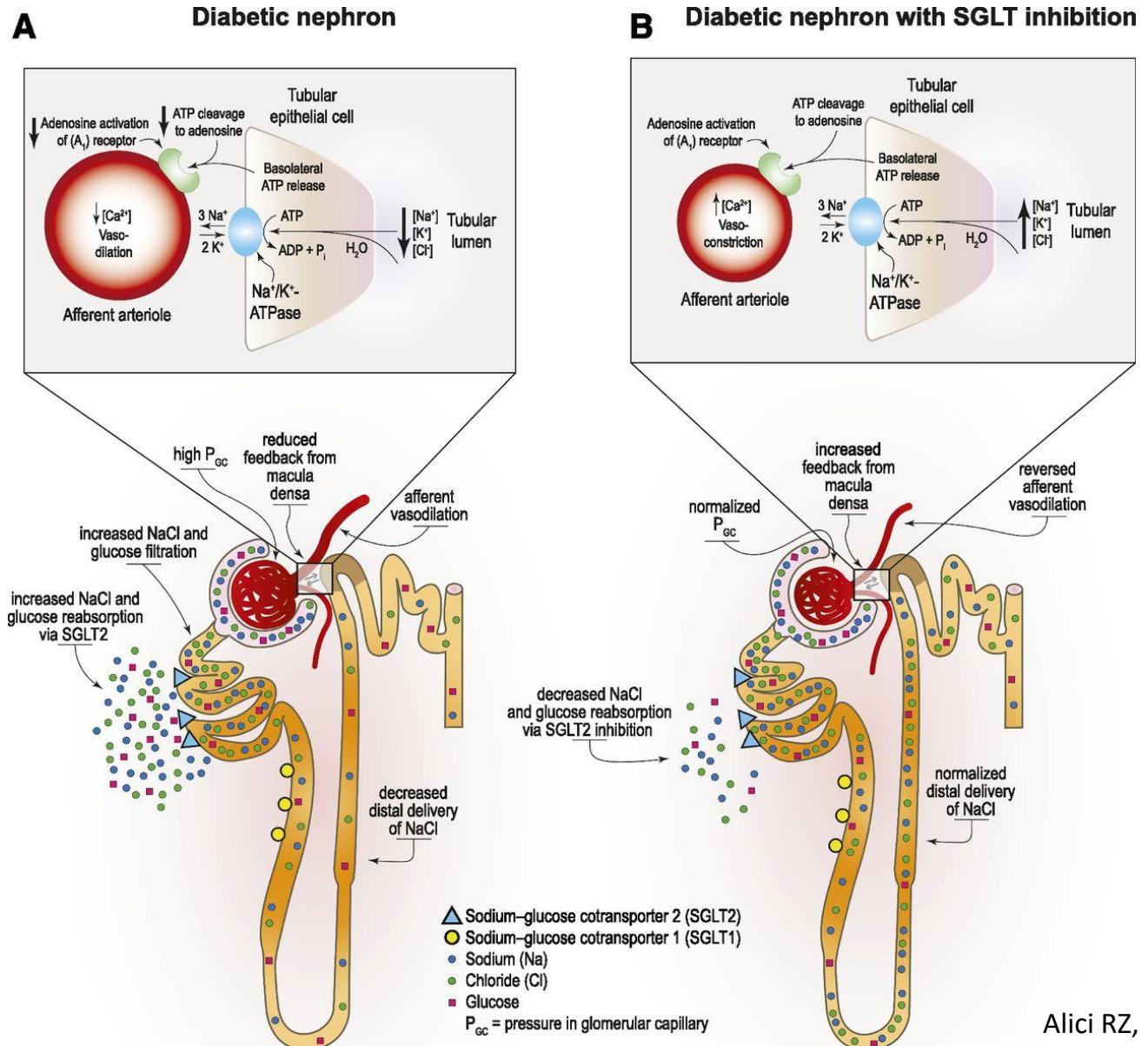
→ Bloquer
l'activation neuro-
hormonale réflexe



→ Autres approches ?



Mode d'action primaire des inhibiteurs de SGLT2



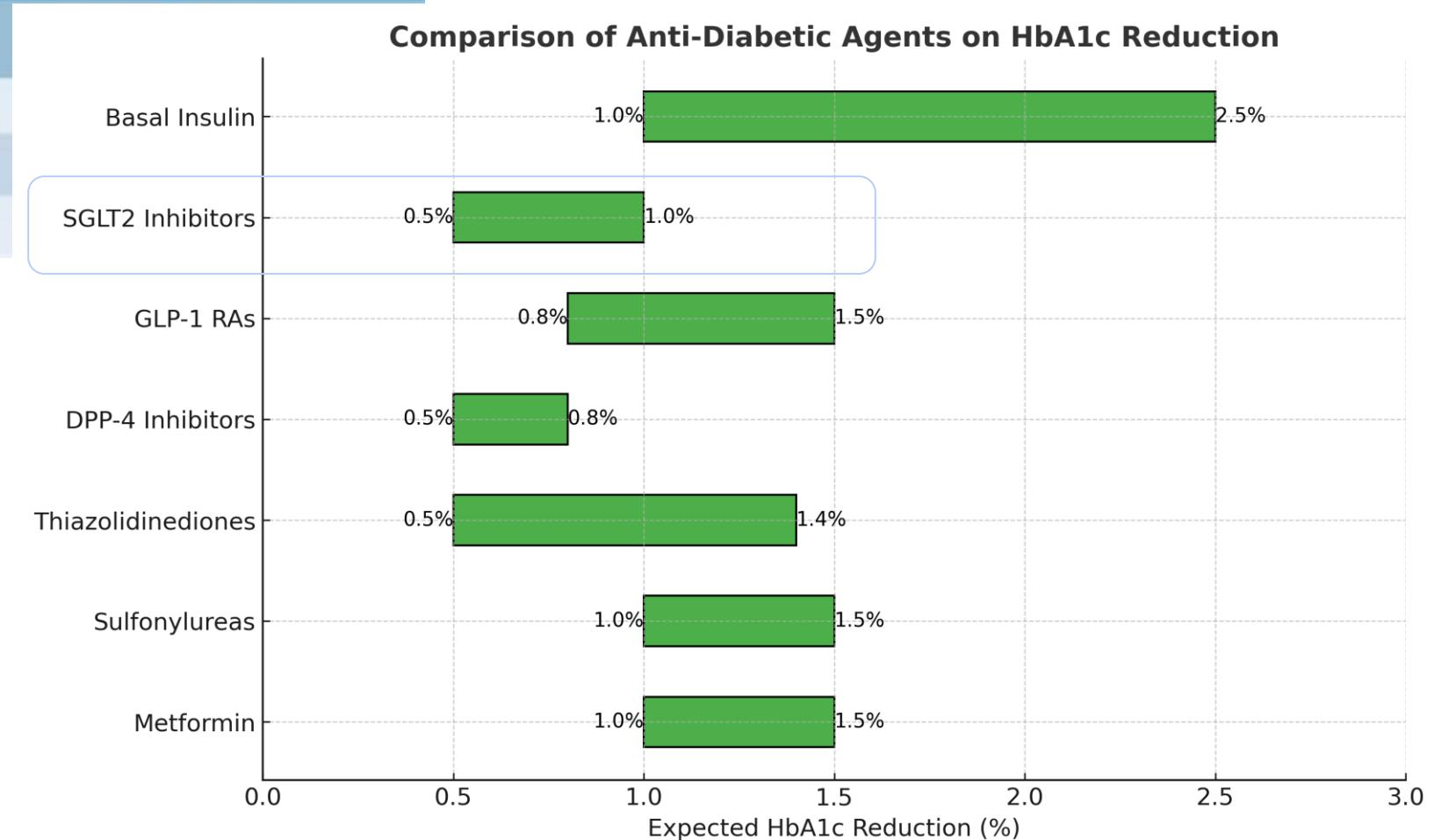
→ A target to primarily reduce glucose reabsorption

Dapagliflozin
Empagliflozin
Canagliflozin
Sotagliflozin

SGLT2i et traitement du diabète ?

Table 1. SGLT-2 inhibitors approved for the treatment of T2DM

Agent	Year Approved	Starting Dose
Canagliflozin	2013	100 mg QD
Dapagliflozin	2014	5 mg QD
Empagliflozin	2014	10 mg QD



L'échec des glitazones

Thiazolinediones : agonistes PPAR-gamma = augmente la sensibilité à l'insuline des tissus périphériques

Effet sur l'HbA1c : 1 +- 0.3%

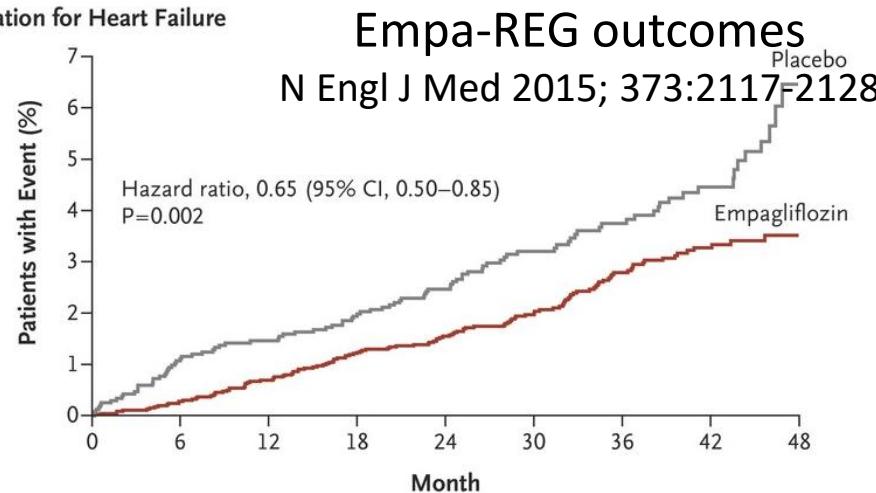
Juillet 2007, Nissen et al. NEJM

Table 1. Odds Ratios for Cardiovascular Events According to 2007 Meta-Analysis of 42 Trials and 2010 Meta-Analysis of 52 Trials.

Outcome	2007 Analysis (42 trials, 14,237 patients)	2010 Analysis (52 trials, 16,995 patients)
	odds ratio (95% confidence interval)	
Major adverse cardiovascular event	1.2 (0.8–1.9)	1.4 (0.9–2.2)
Death from cardiovascular causes	1.7 (0.7–5.0)	1.5 (0.6–3.8)
Myocardial infarction	1.5 (0.9–2.7)	1.8 (1.0–3.3)
Stroke	0.6 (0.2–1.2)	0.9 (0.4–1.8)
Death from any cause	1.7 (0.8–4.0)	1.4 (0.7–2.7)
Serious myocardial ischemia	1.4 (1.0–2.1)	1.5 (1.1–2.0)
Total myocardial ischemia	1.4 (1.1–1.8)	1.3 (1.1–1.7)
Congestive heart failure	—	1.9 (1.3–2.9)

Glifozine et risque d'insuffisance cardiaque chez le diabétique

D Hospitalization for Heart Failure



No. at Risk

Empagliflozin	4687	4614	4523	4427	3988	2950	2487	1634	395
Placebo	2333	2271	2226	2173	1932	1424	1202	775	168

History of cardiac failure 10%

DECLARE Timi 58

N Engl J Med 2019; 380:347–357

Hospitalization for Heart Failure

Secondary prevention

C

Hazard ratio 0.68 (95% CI: 0.51–0.90)
Log-rank p value = 0.007

Patients with an event (%)

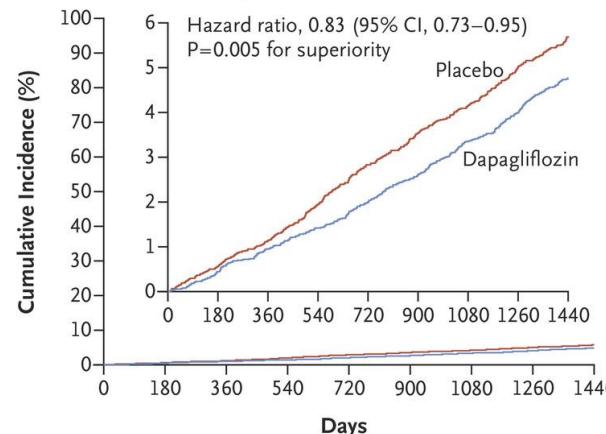
No. at risk

Placebo	2900	2837	2780	2722	1874	924	727	715	706	687	665	651	490	149
Canagliflozin	3756	3714	3654	3585	2751	1762	1526	1503	1478	1459	1424	1389	1058	290

Weeks since randomization

History of cardiac failure 7% (primary) to 17% (secondary)

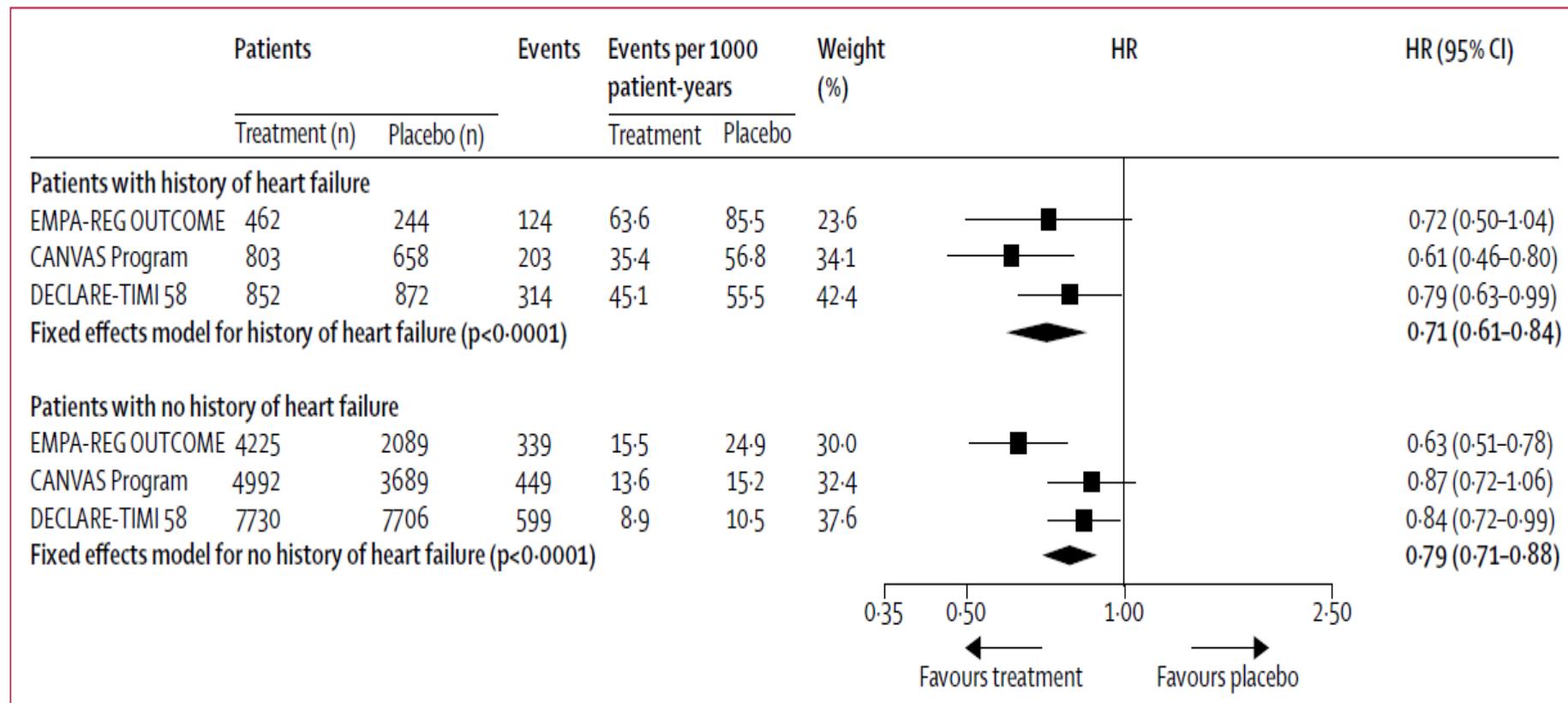
A Cardiovascular Death or Hospitalization for Heart Failure



No. at Risk

Placebo	8578	8485	8387	8259	8127	8003	7880	7367	5362
Dapagliflozin	8582	8517	8415	8322	8224	8110	7970	7497	5445

Méta-analyse des essais des inhibiteurs SGLT2 sur les décès cardiovasculaires et les hospitalisations pour insuffisance cardiaque chez les patients diabétiques



Les iSGLT2 sont recommandés chez les patients diabétiques de type 2 insuffisants cardiaques pour diminuer le risque d'hospitalisation pour insuffisance cardiaque sauf contre-indication (classe I, niveau A)

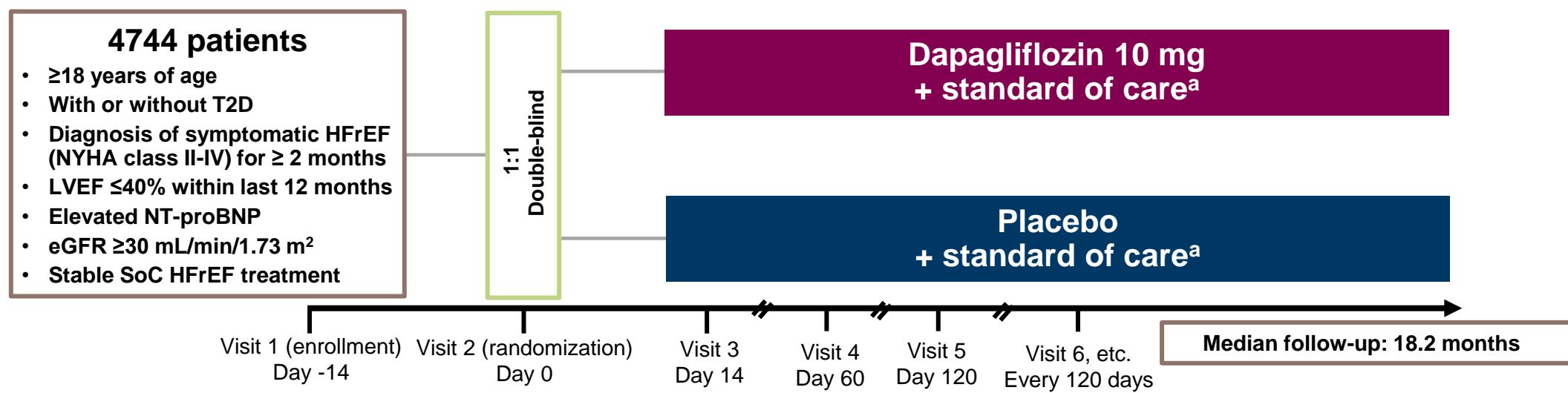
ORIGINAL ARTICLE

Dapagliflozin in Patients with Heart Failure and Reduced Ejection Fraction

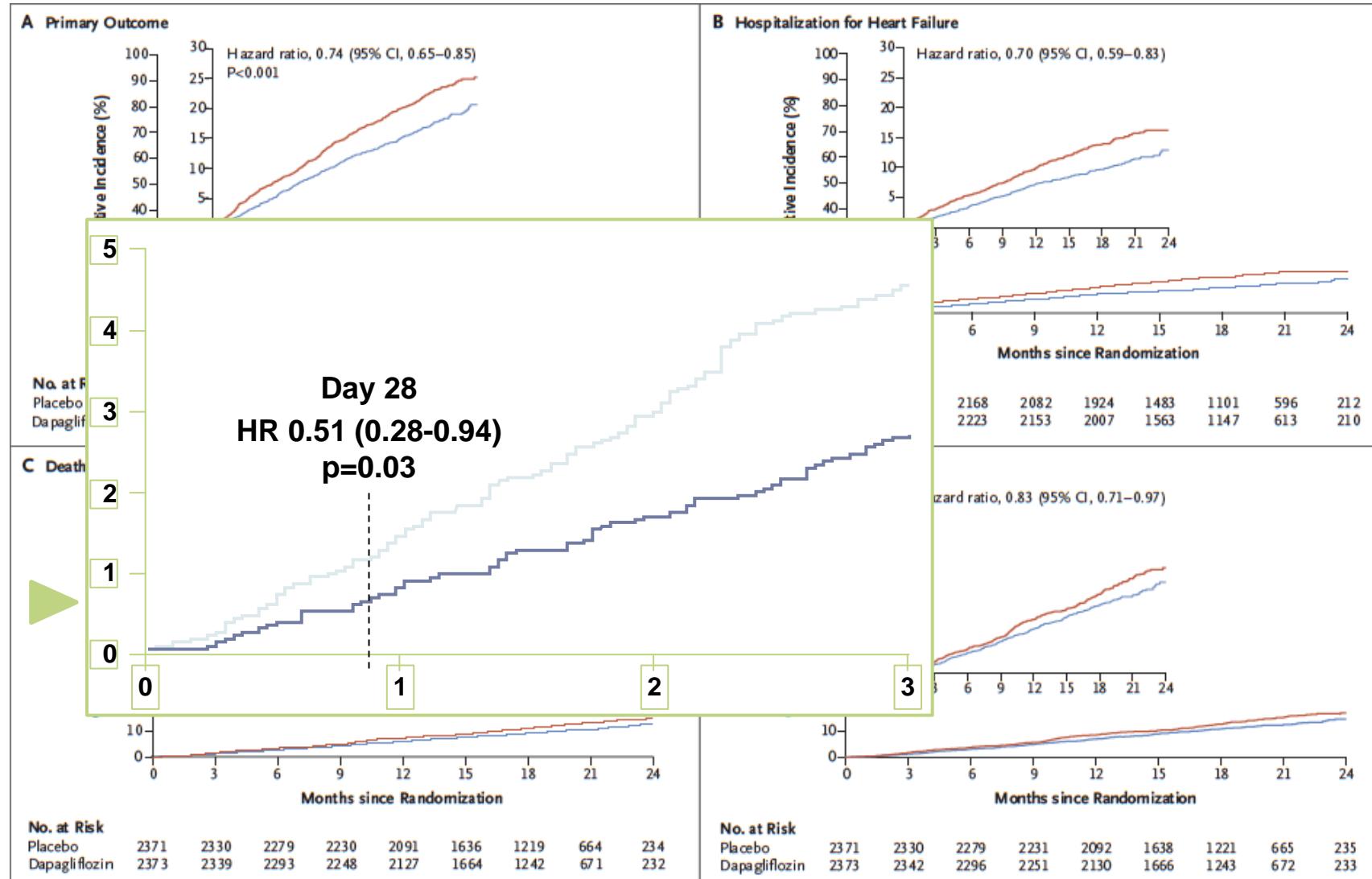
J.J.V. McMurray, S.D. Solomon, S.E. Inzucchi, L. Køber, M.N. Kosiborod,
 F.A. Martinez, P. Ponikowski, M.S. Sahatçiu, I.S. Anand, I. Rělohlávek, M. Röhm



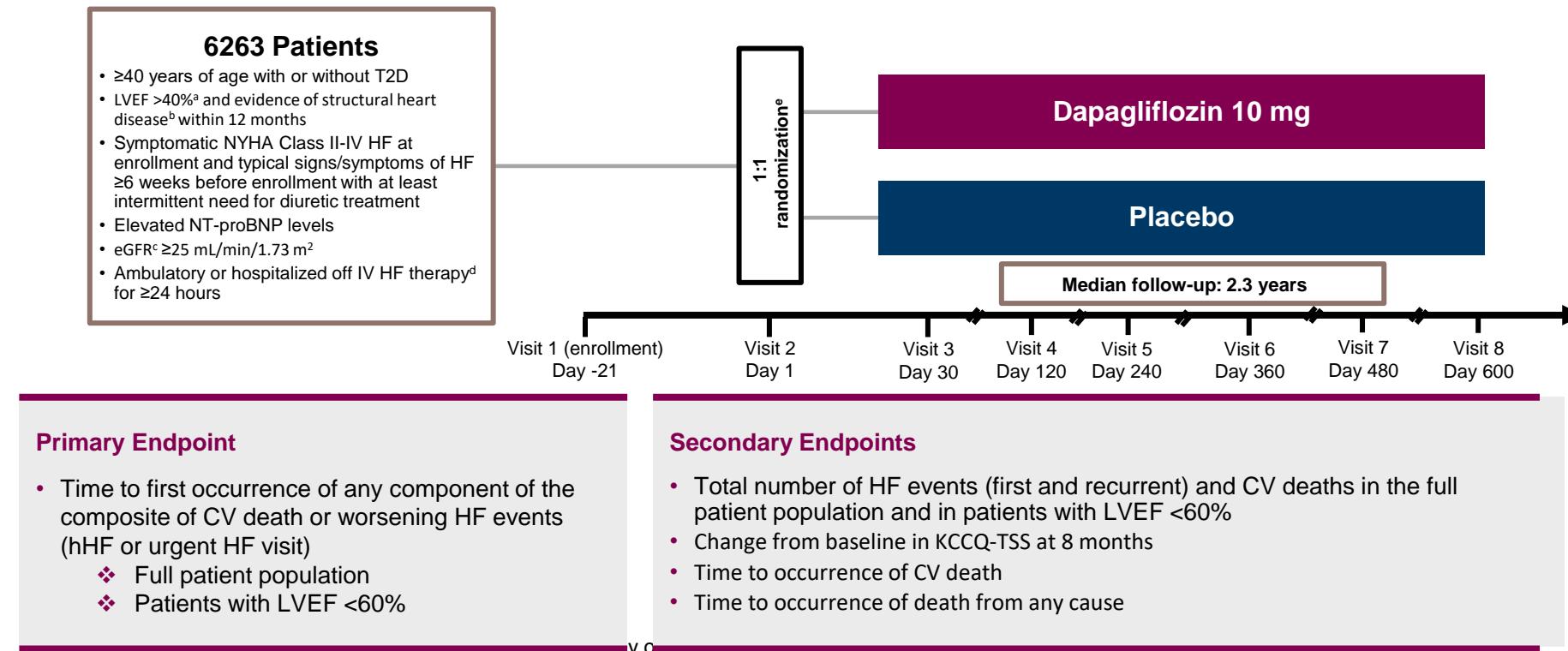
- ➔ Add-on therapy
- ➔ 55% sans DNID



Multiples bénéfices



SGLT2i and HF with mildly reduced or preserved LVEF

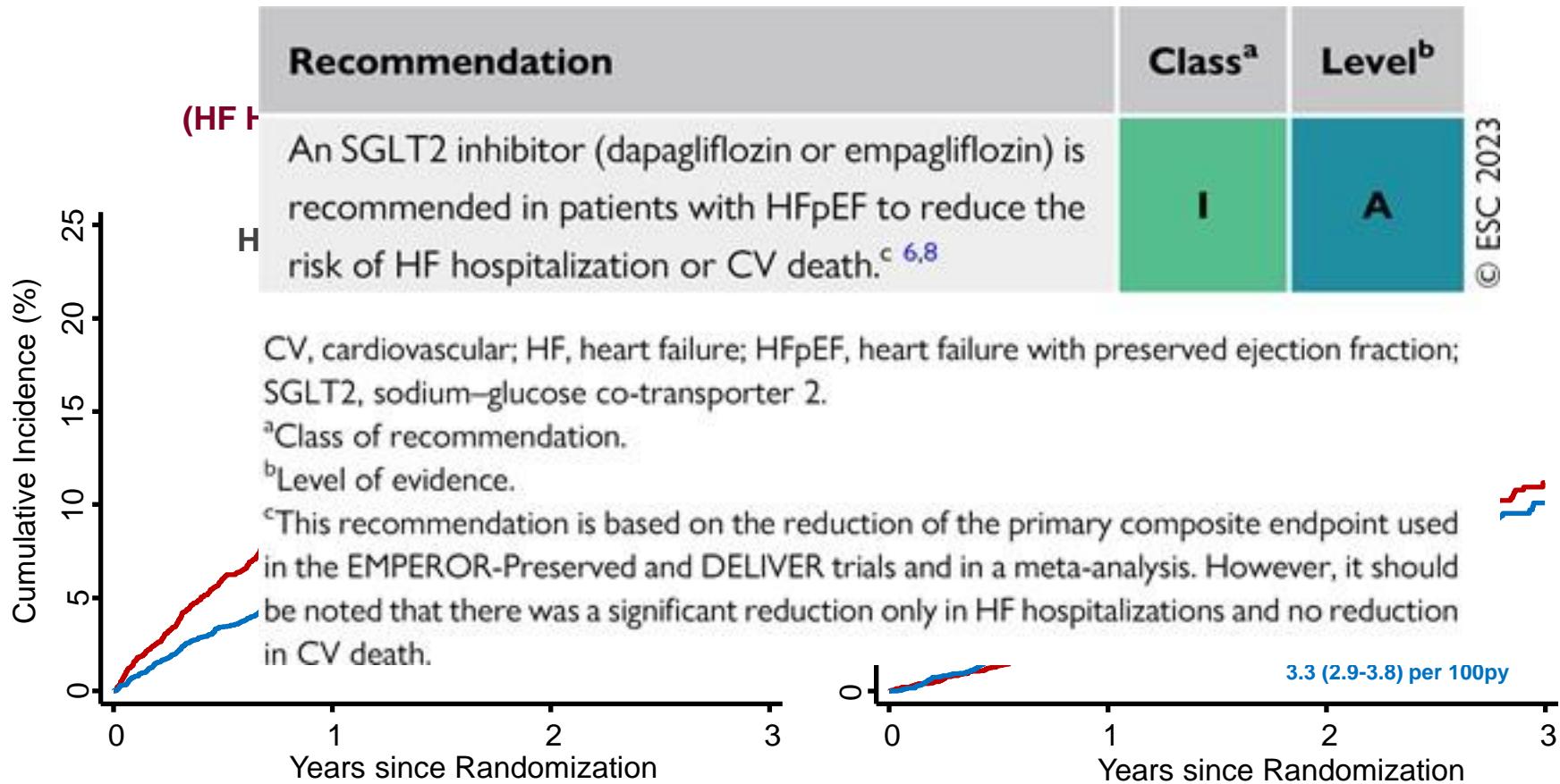


^aIncluding diuretics; ^bStratified by T2D status (established diagnosis/HbA1c ≥6.5% at enrollment).

1. Solomon SD et al. *Eur J Heart Fail.* 2021;23(7):1217-1225; 2. Solomon SD et al. *JACC Heart Fail.* 2022;10(3):184-197; 3. Solomon SD et al. Online ahead of print. *N Engl J Med.* 2022.

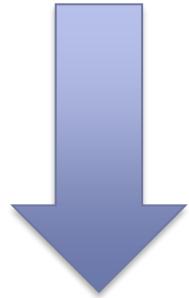


Le seul traitement efficace pour l'ICFEP



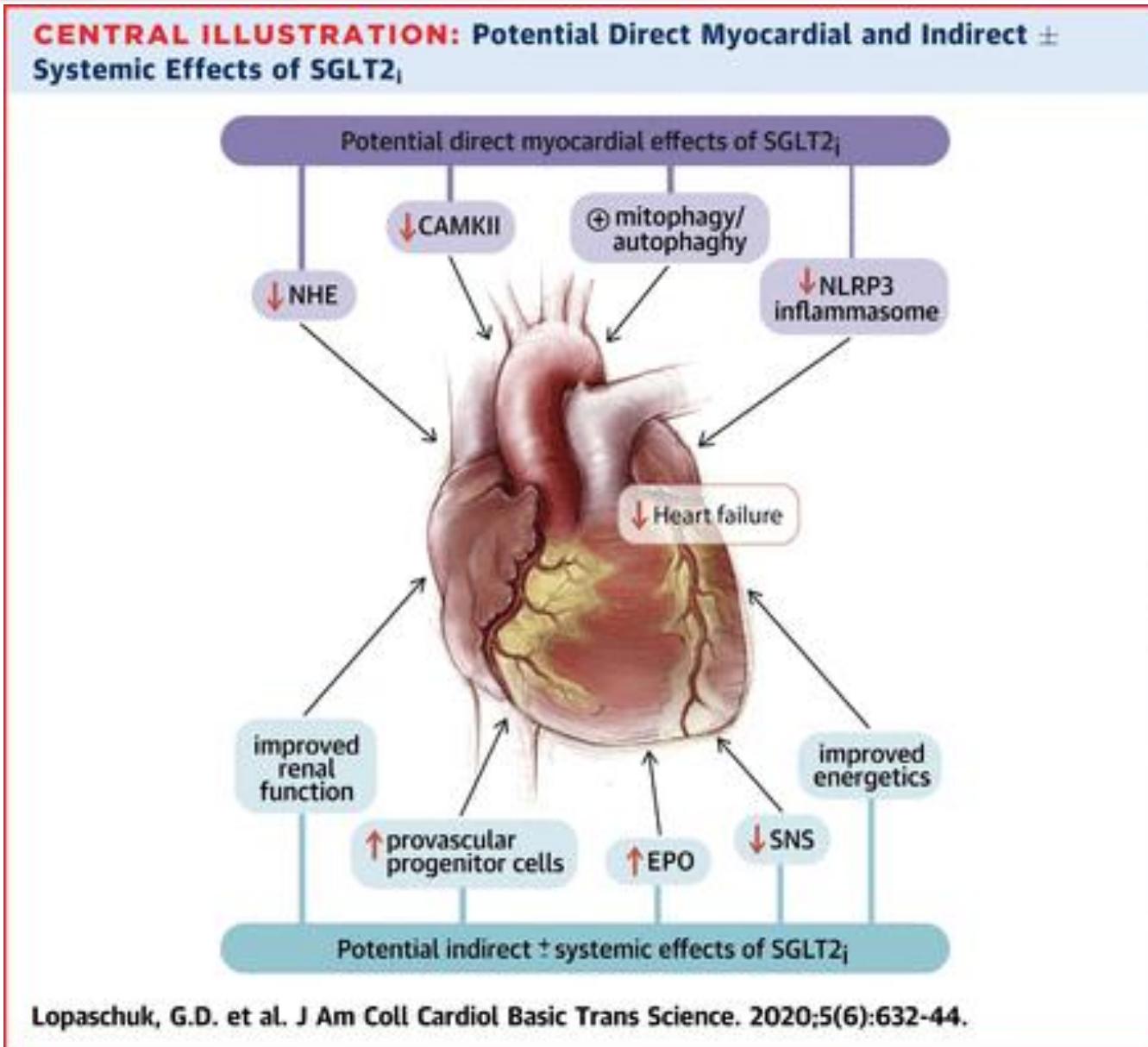


2019 : Gli...quoi ?



2023 : La première classe
thérapeutique indiquée dans
toutes les formes d'insuffisance
cardiaque

Effets myocardiques directs et indirects des SGLT2i

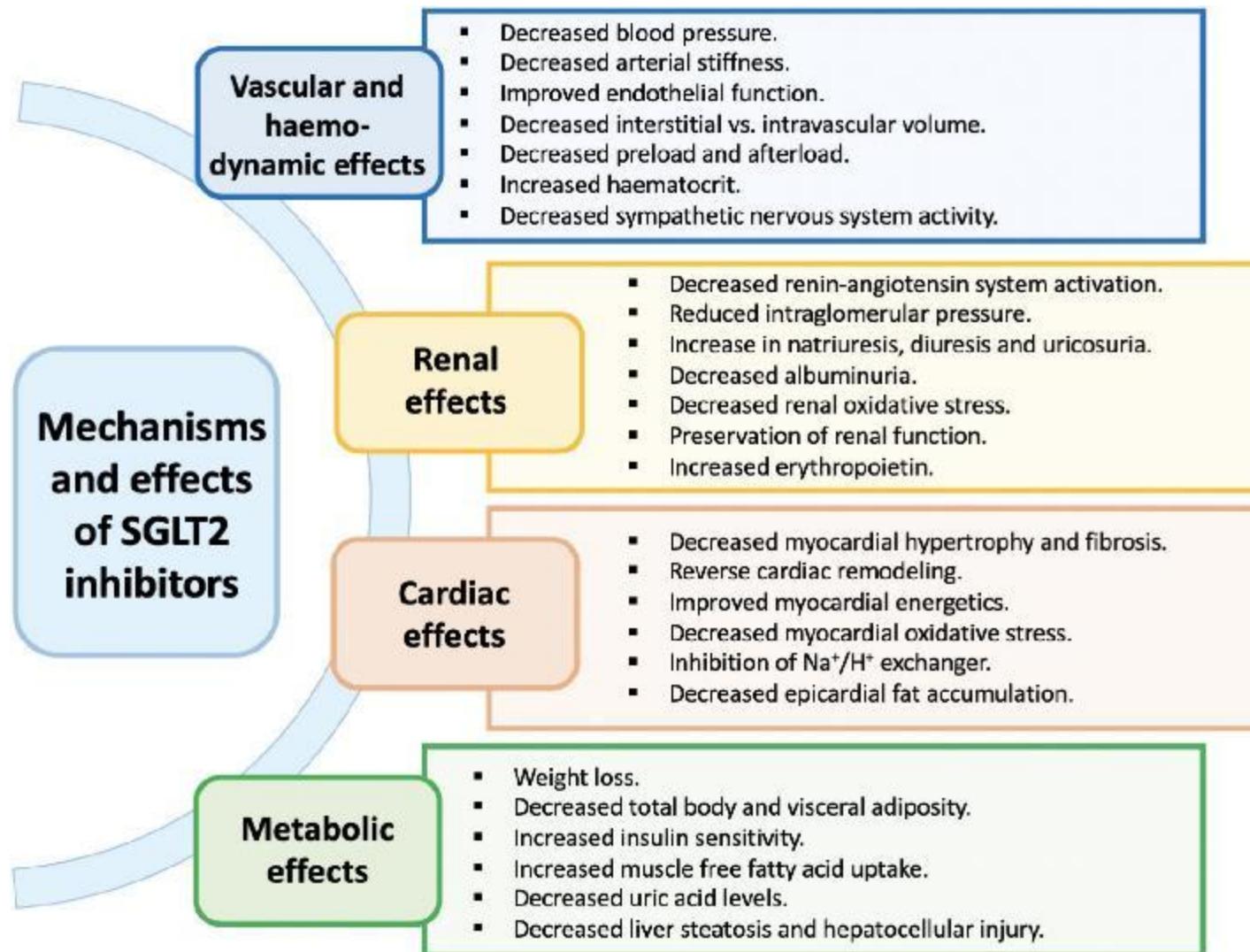


→ Action directe sur le myocarde / cardiomyocytes

Hypothèses	+++
Data	- - -

→ Amélioration des conditions de pré et post-charge, sur un lien cardio-rénal

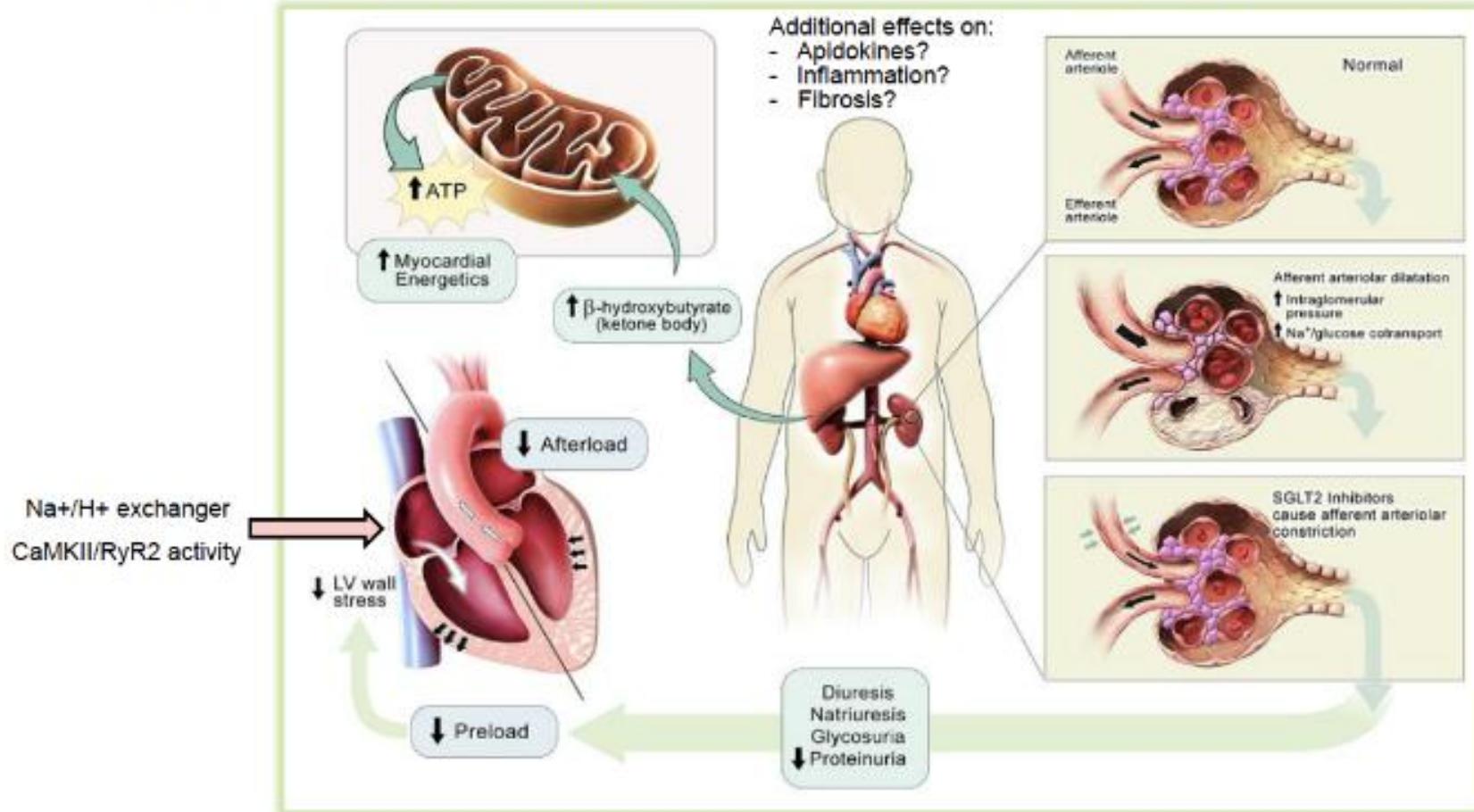
Effets myocardiques directs et indirects des SGLT2i



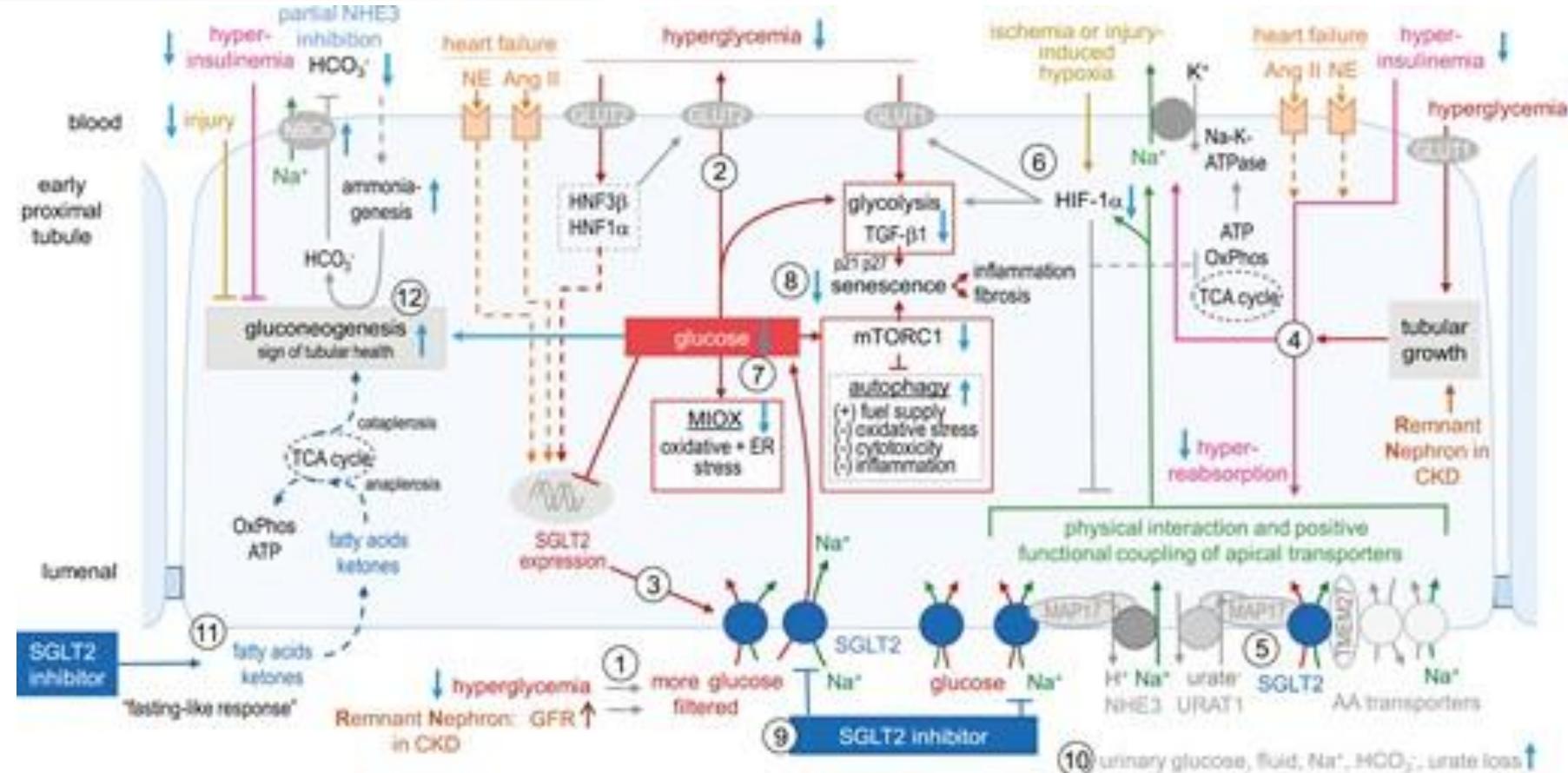
Hypothèses +++
Data - - -

Un effet Métabolo-diurétique ?

"The metabolodiuretic promise of SGLT2 inhibition: The search for the sweet spot in heart failure"



SGLT2i and natriuresis ?



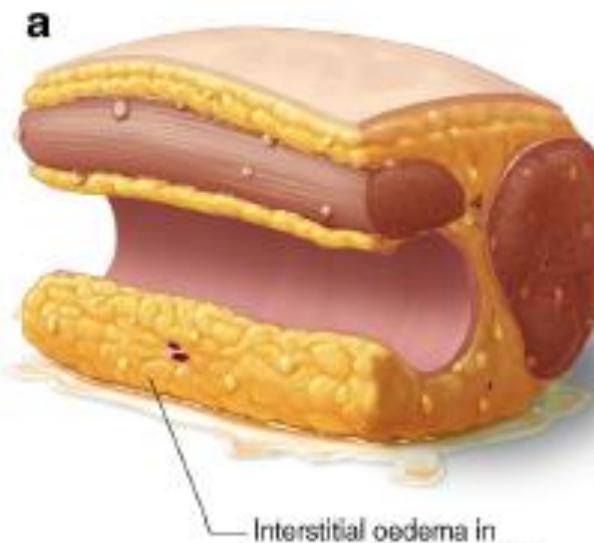
Glycosuria-driven natriuresis and osmotic diuresis
Initial fluid loss (1-2 Kgs) in the initial 2 weeks after initiation
Then stabilizes

This effect is increased in heart failure patients ?

SGLT2i and interstitial volume ?

Congestive heart failure

Interstitial oedema ++



SGLT2 inhibitors

Reduce interstitial volume with minimal change in blood volume



Loop diuretics

Reduce intravascular blood volume and interstitial retention

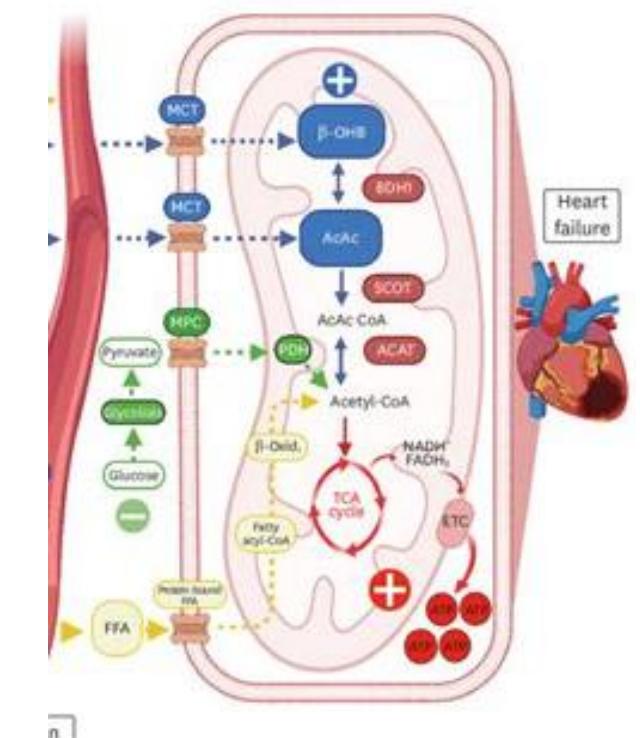
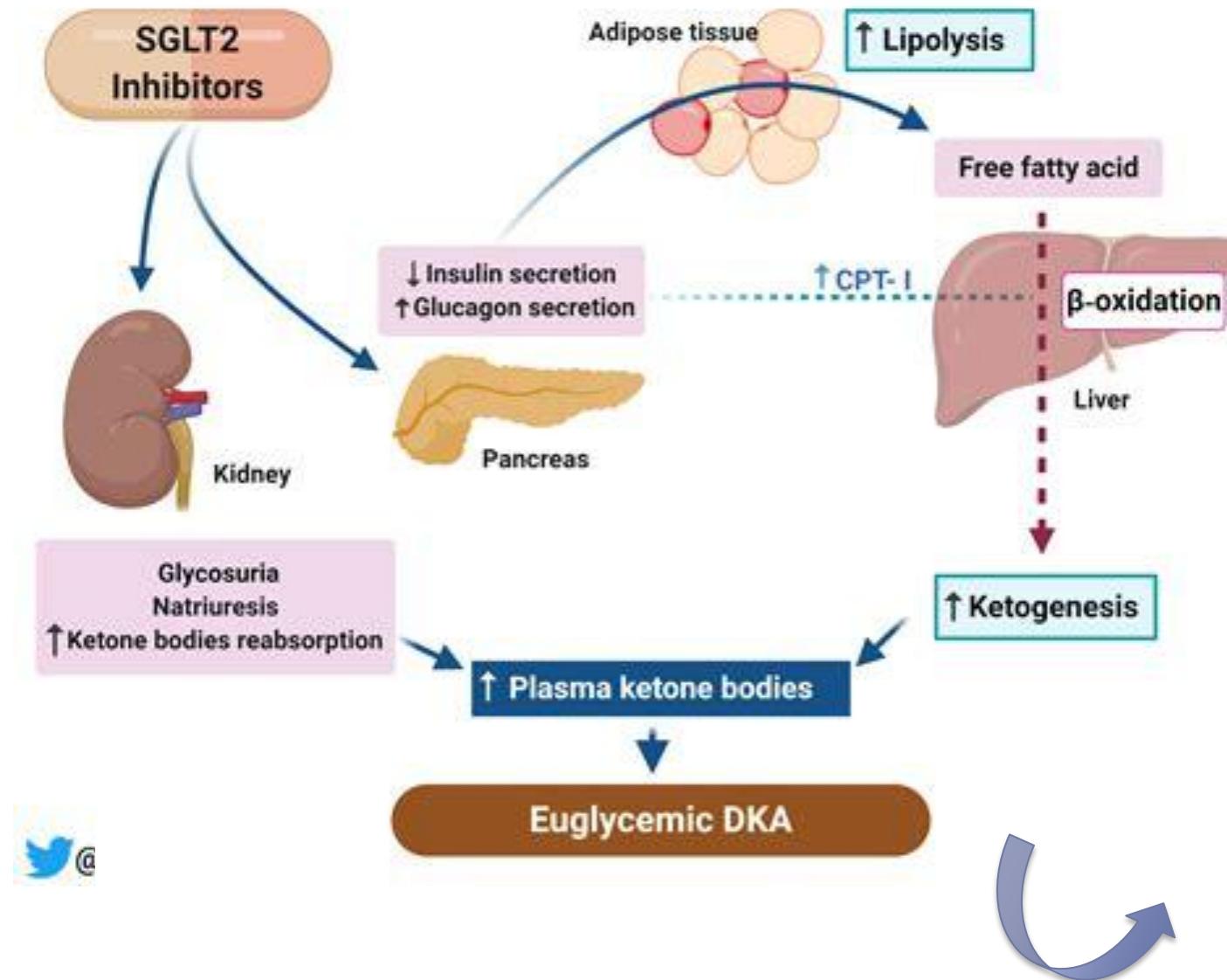


Na⁺ Interstitial volume Intravascular volume

Na⁺ Interstitial volume Intravascular volume

> SGLT2i will in turn limit the aberrant reflex neurohormonal stimulation that occurs in the setting of intravascular depletion ?

SGLT2i and ketone bodies : the fastin-like response

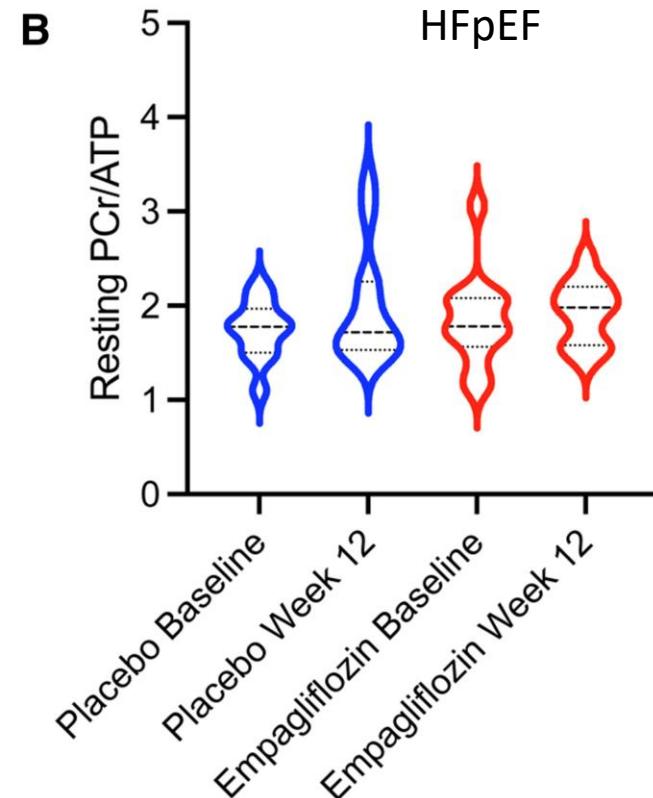
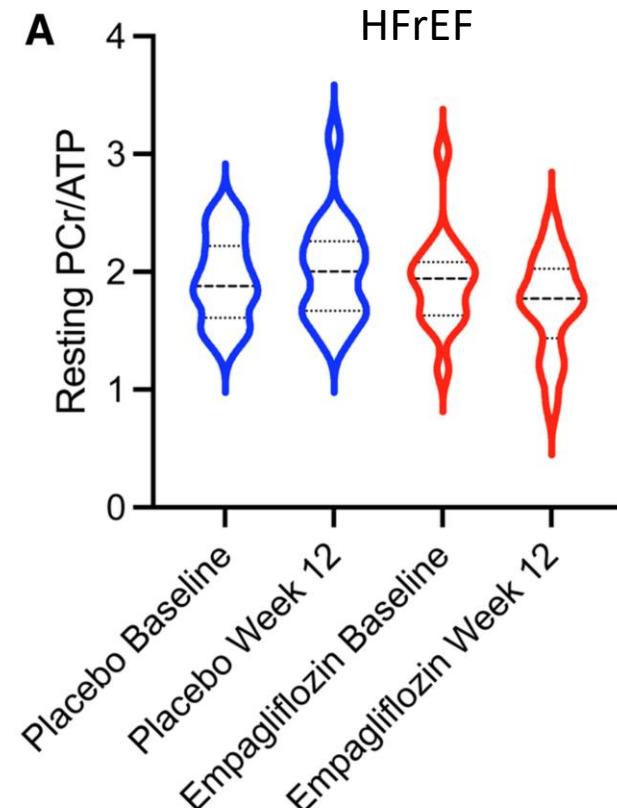


No impact on cardiac energy metabolism in patients

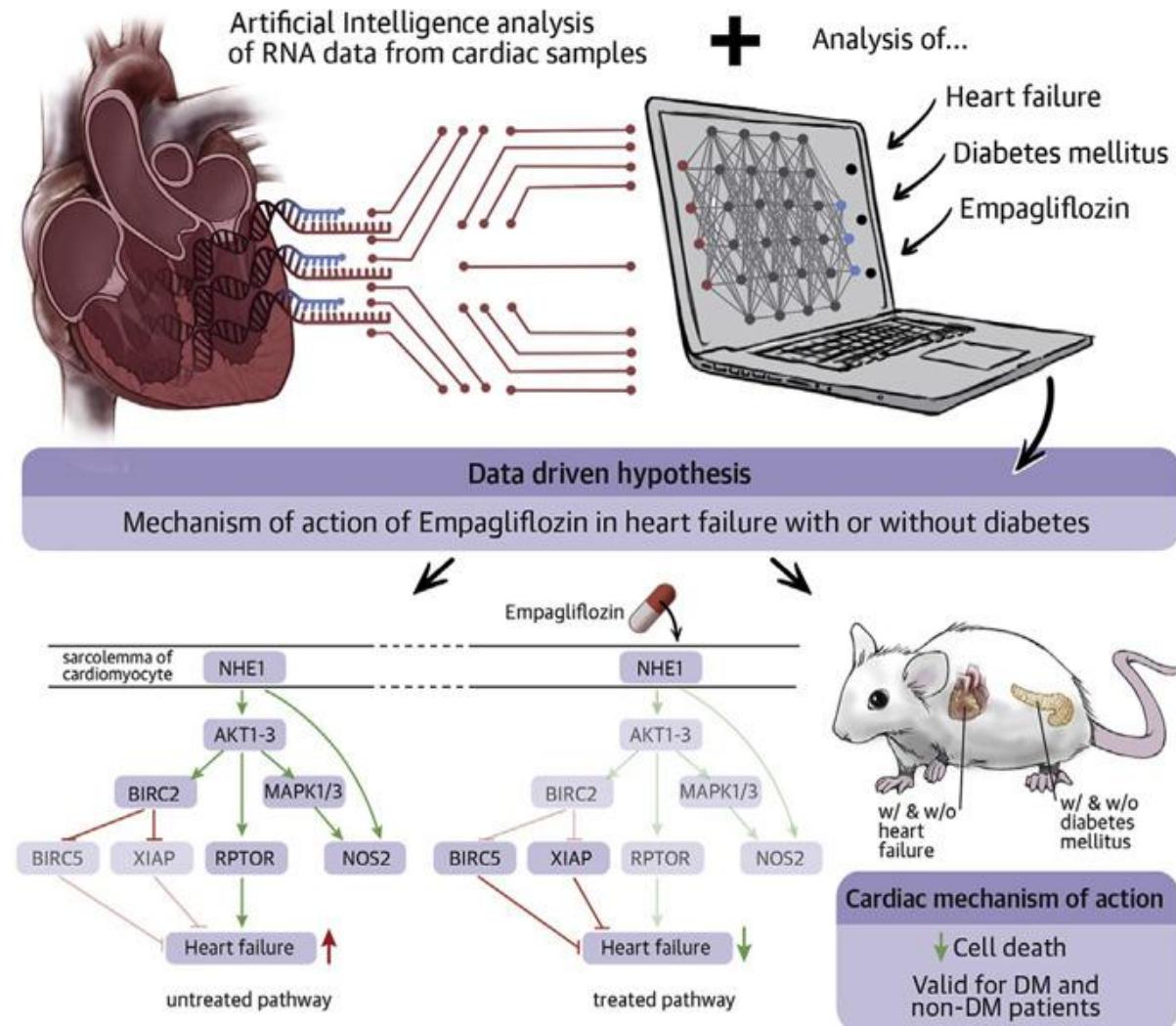
EMPA-VISION (Assessment of Cardiac Energy Metabolism, Function and Physiology in Patients With Heart Failure Taking Empagliflozin)

Double-blind, placebo controlled, randomised study ; N=72 HFrEF and HFpEF patients

Primary endpoint: cardiac phosphocreatine:ATP ratio (PCr/ATP) from baseline to week 12, determined by phosphorus magnetic resonance spectroscopy at rest and during peak dobutamine stress

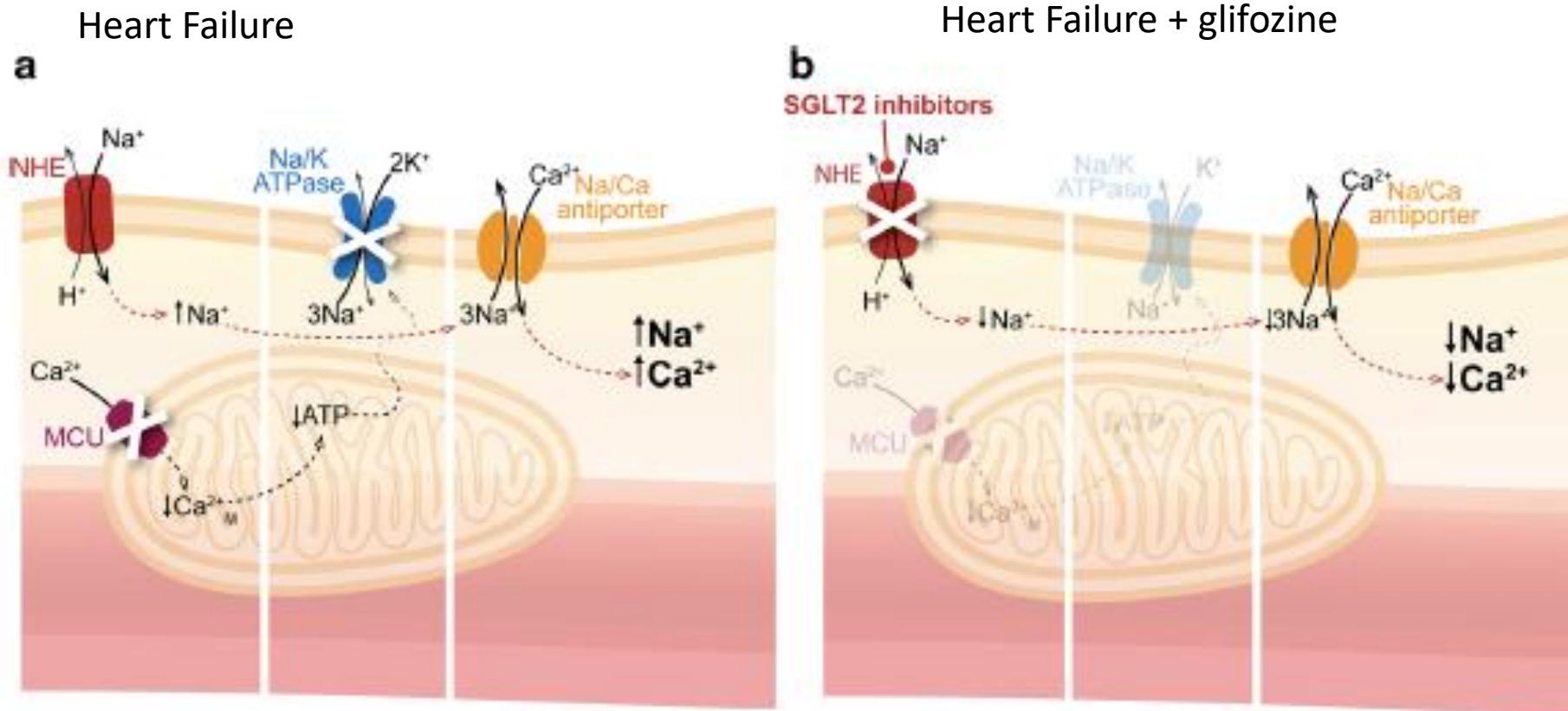


SGLT2-independent effects of SGLT2i ? Look at NHE1



SGLT2i and indirect calcium regulation ?

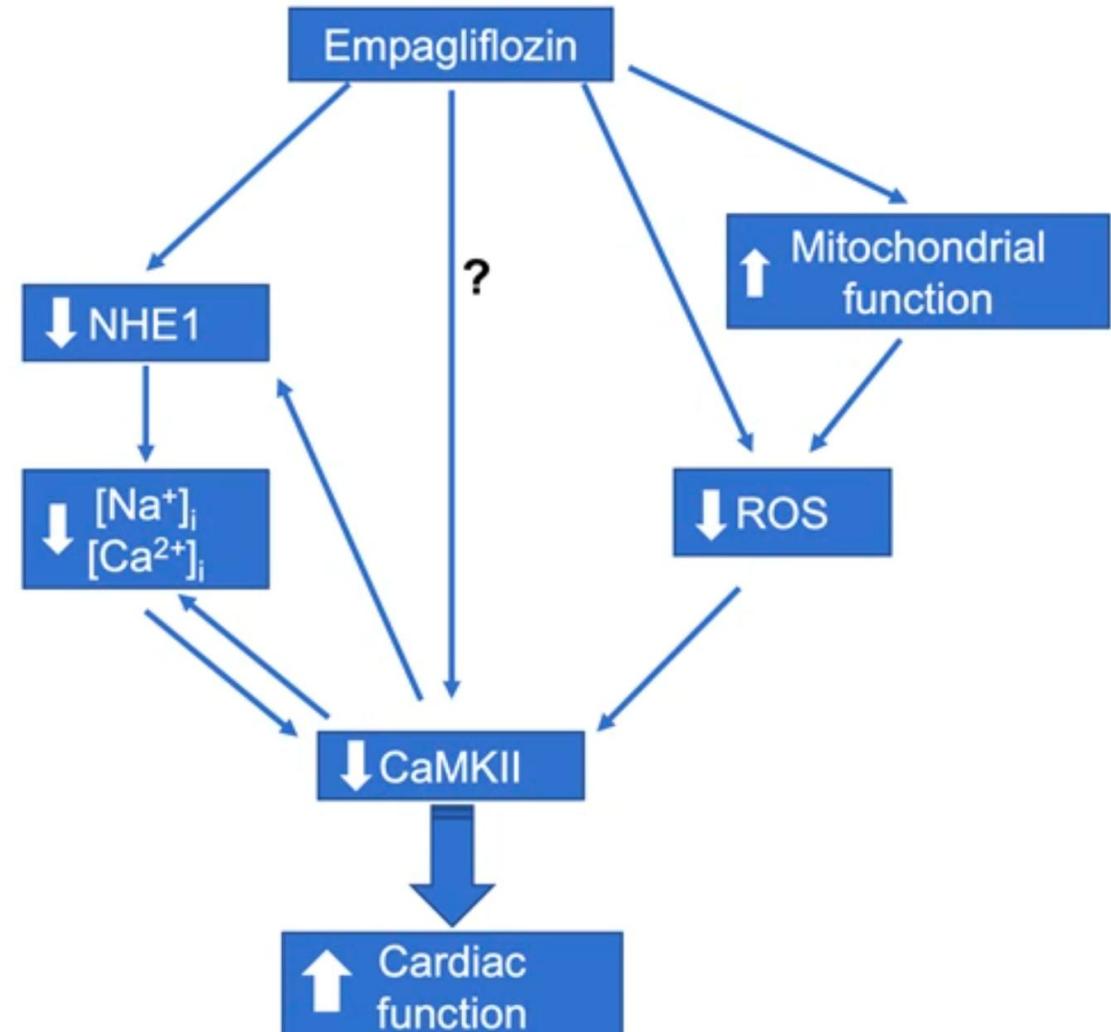
→ Direct inhibitory effect on the cardiac sodium – hydrogen exchanger (NHE)



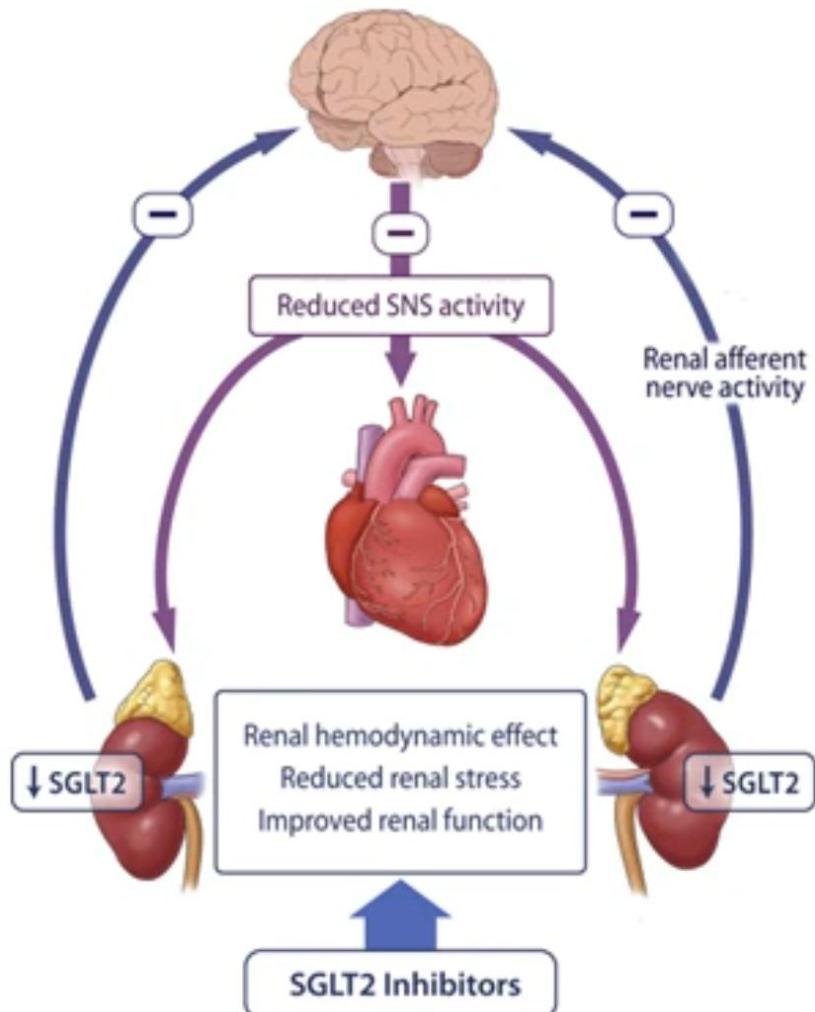
→ Diastolic calcium levels will be reduced

SGLT2i and CAMKII activity

- Upregulation of CAMKII in heart failure with reduced DF, HCM, diabetic heart failure
- Indirect inhibition of CAMKII hyperactivity by SGLT2i
- Reduction of deleterious effect including myocyte apoptosis



SGLT2i and the sympathetic system ?



SGLT2i have sympathoinhibitory effects

Could be linked to a reduction in renal stress with resultant inhibition of the renal afferent sympathetic activation

SGLT2i > Kidney > heart ?

Sano et al. 2019 JACC BTS
Verma et al. 2018

Effect of dapagliflozin on ventricular arrhythmias, resuscitated cardiac arrest, or sudden death in DAPA-HF

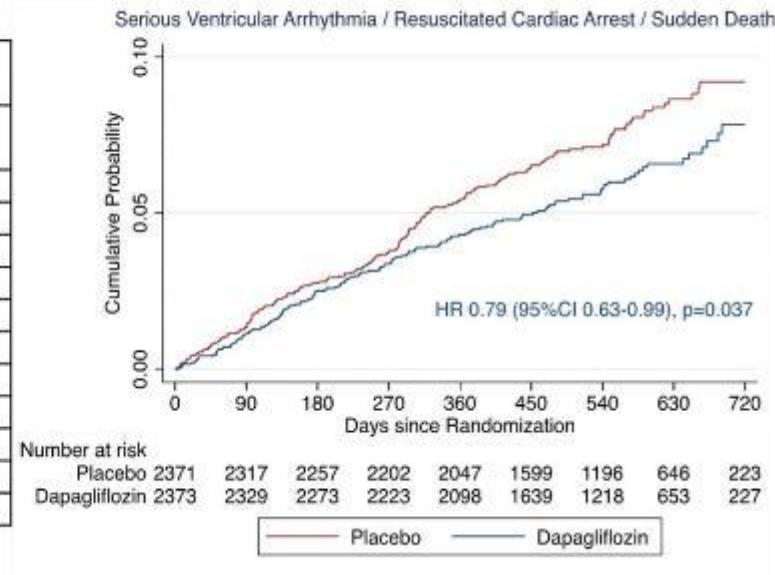
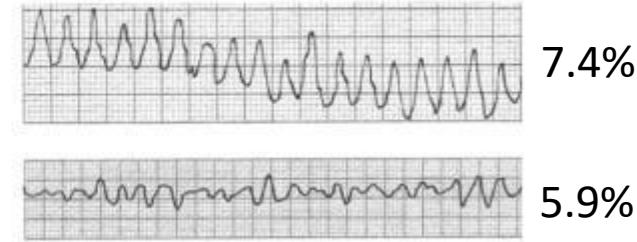


Backward stepwise logistic regression multivariable model to predict any serious ventricular arrhythmia, resuscitated cardiac arrest or sudden death

Predictor Variable*	Odds Ratio (95% CI)	p Value**	χ^2
Log-transformed NT-proBNP (per 1 unit increase)	1.54 (1.34 – 1.77)	<0.001	36.0
Previous Ventricular Arrhythmia	1.93 (1.41 – 2.64)	<0.001	16.8
LVEF (per 5% increase)	0.86 (0.78 – 0.94)	0.001	11.9
Systolic BP (per 10mmHg)	0.88 (0.81 – 0.96)	0.004	8.1
Previous MI	1.42 (1.11 – 1.82)	0.005	7.8
Sex- male	1.53 (1.10 – 2.12)	0.012	6.3
BMI (per 1 kg/m ² increase)	1.03 (1.00 – 1.05)	0.020	5.4
Sodium (per 1 mmol/L increase)	0.96 (0.92 – 0.99)	0.039	4.3
Non-white race	0.85 (0.72 – 0.99)	0.038	4.3
Dapagliflozin	0.80 (0.63 – 1.02)	0.067	3.4
Cardiac Resynchronization Therapy	0.64 (0.39 – 1.04)	0.070	3.3
Previous HF hospitalization	0.99 (0.78 – 1.27)	0.985	0.0

* Randomized treatment and history of heart failure hospitalization were fixed factors in the model. **The p-value threshold was set at p<0.1

Investigator Reports (Serious Adverse Events)



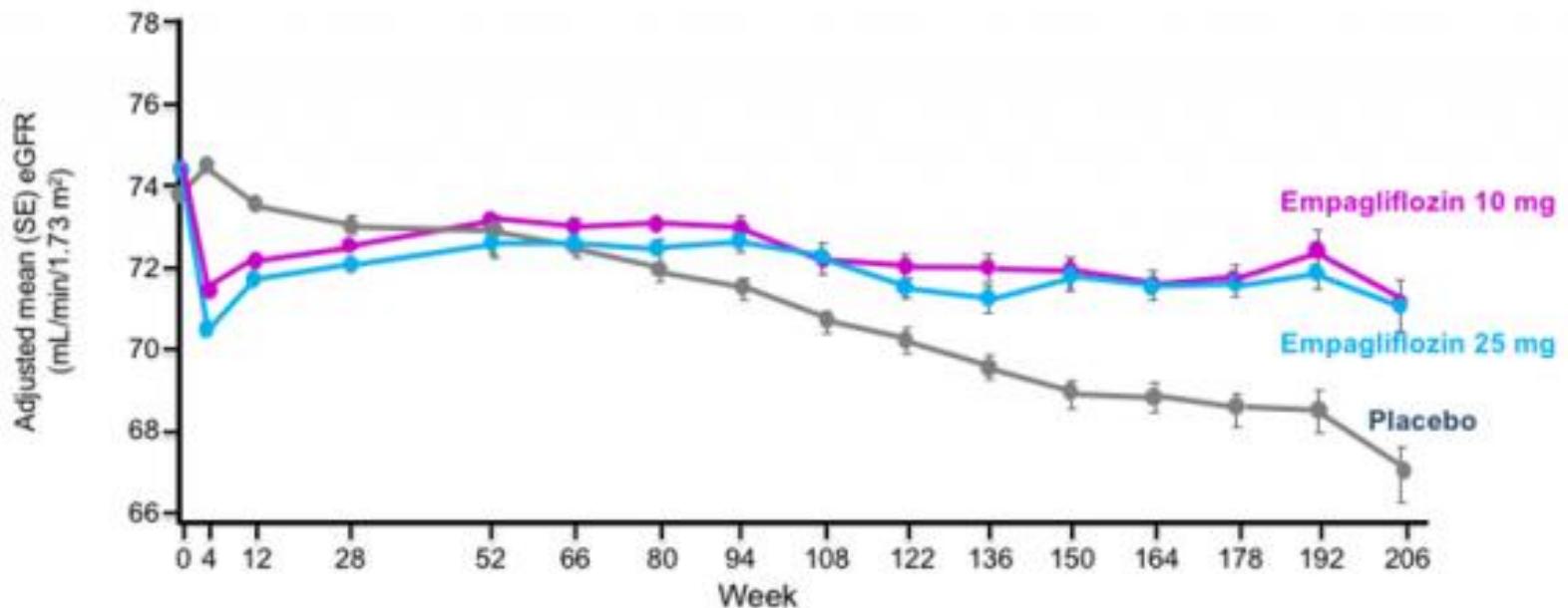
SGLT2i and other direct cardiac effects

- Reduction in low-grade inflammation : systemic reduction in inflammasome (through inhibition of NLRP3)
- Improved bioenergetics with easier use of ketones by cardiomyocytes
→ improvement in the metabolic switch sugar : fatty acids to produce ATP
- Improved mitochondrial function and reduced ROS



And if it was the kidney ?

eGFR over time

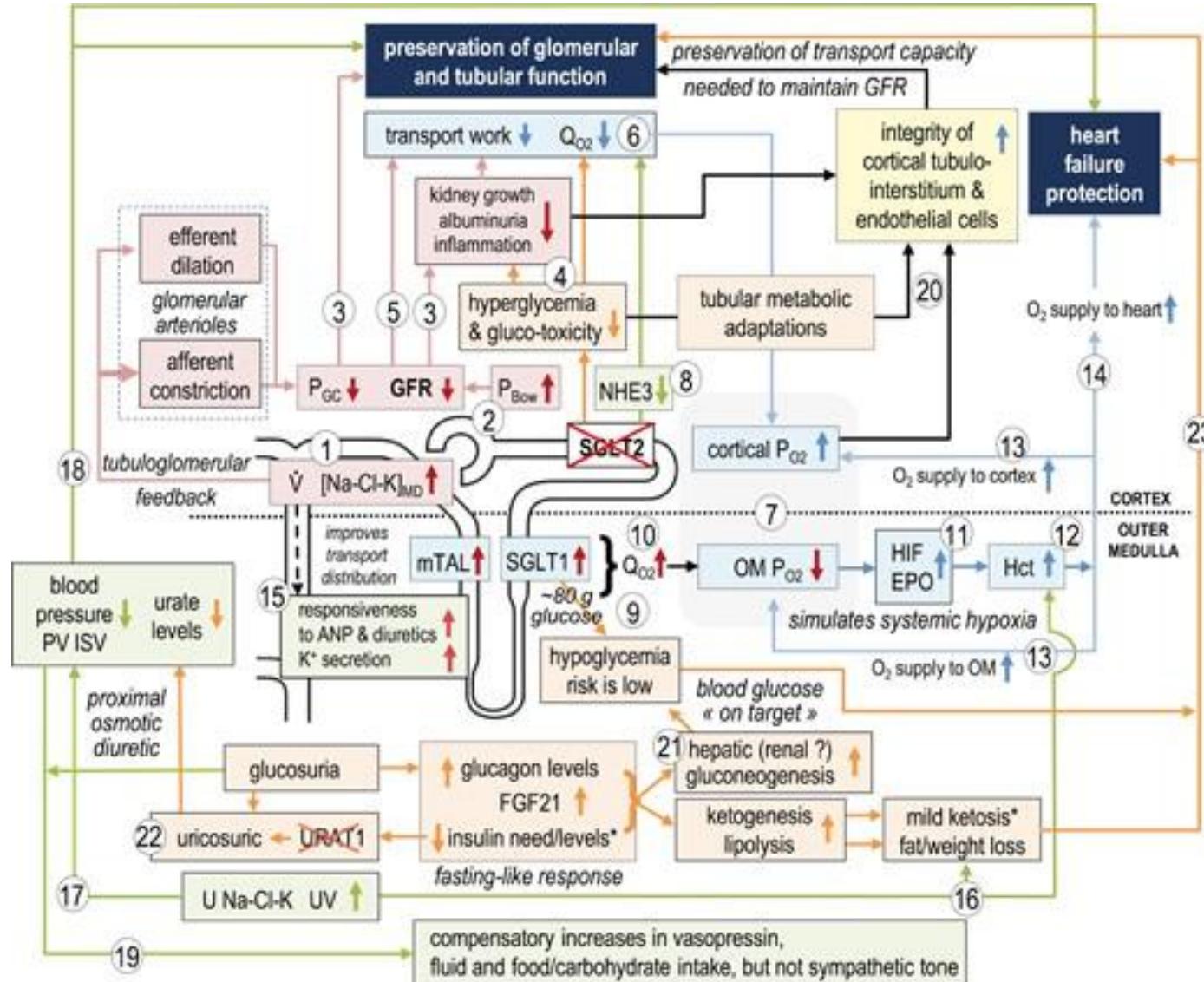


	Placebo	Empagliflozin 10 mg	Empagliflozin 25 mg
2323	2295	2267	2205
2121	2064	1927	1981
1981	1783	1839	1871
1783	1479	1540	1563
1479	1262	1314	1340
1262	1123	1180	1207
1123	977	1024	1063
977	731	785	838
731	448	513	524
448	171	193	216

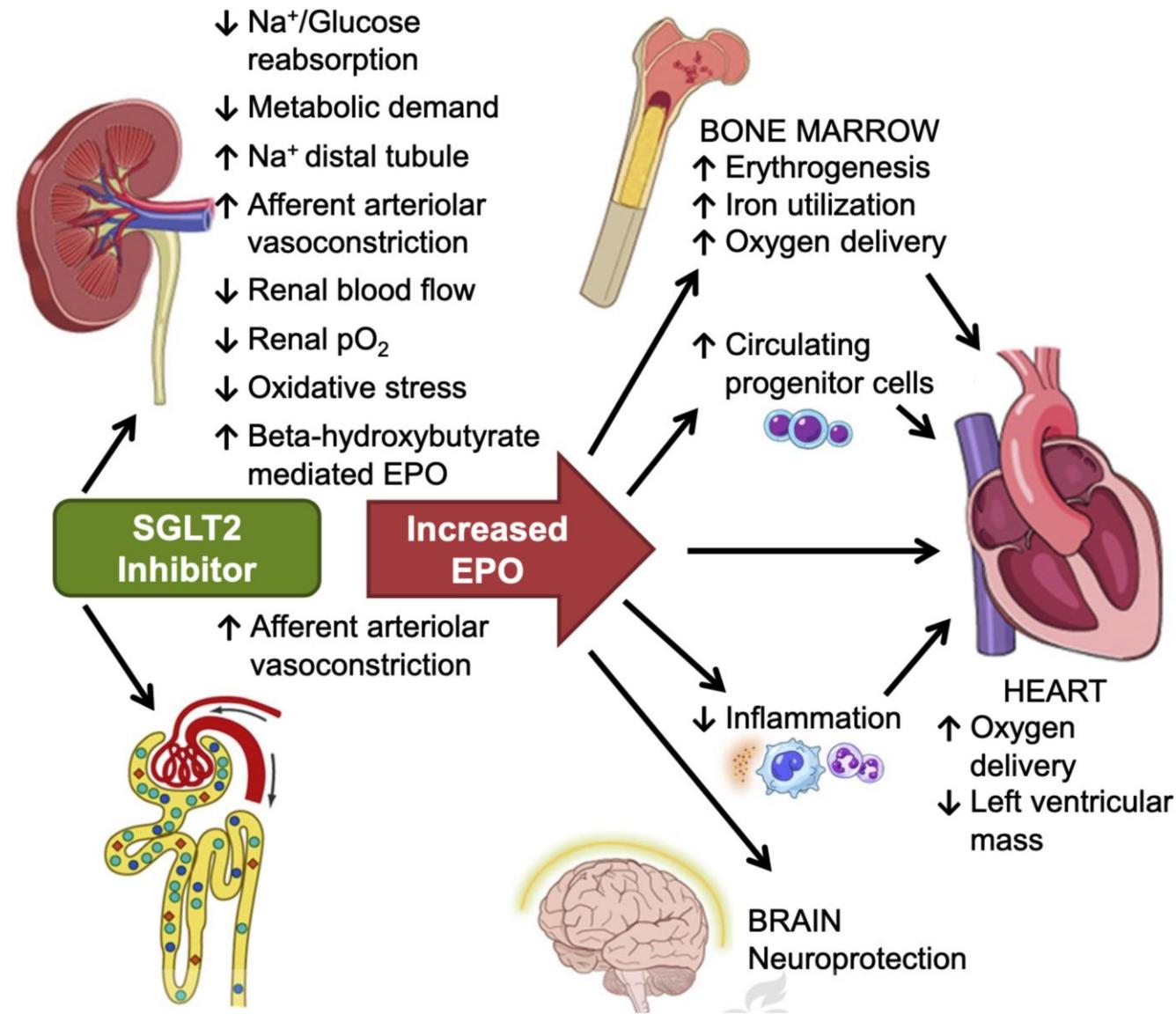
Mixed model repeated measures analysis in the treated set (OC-AD)

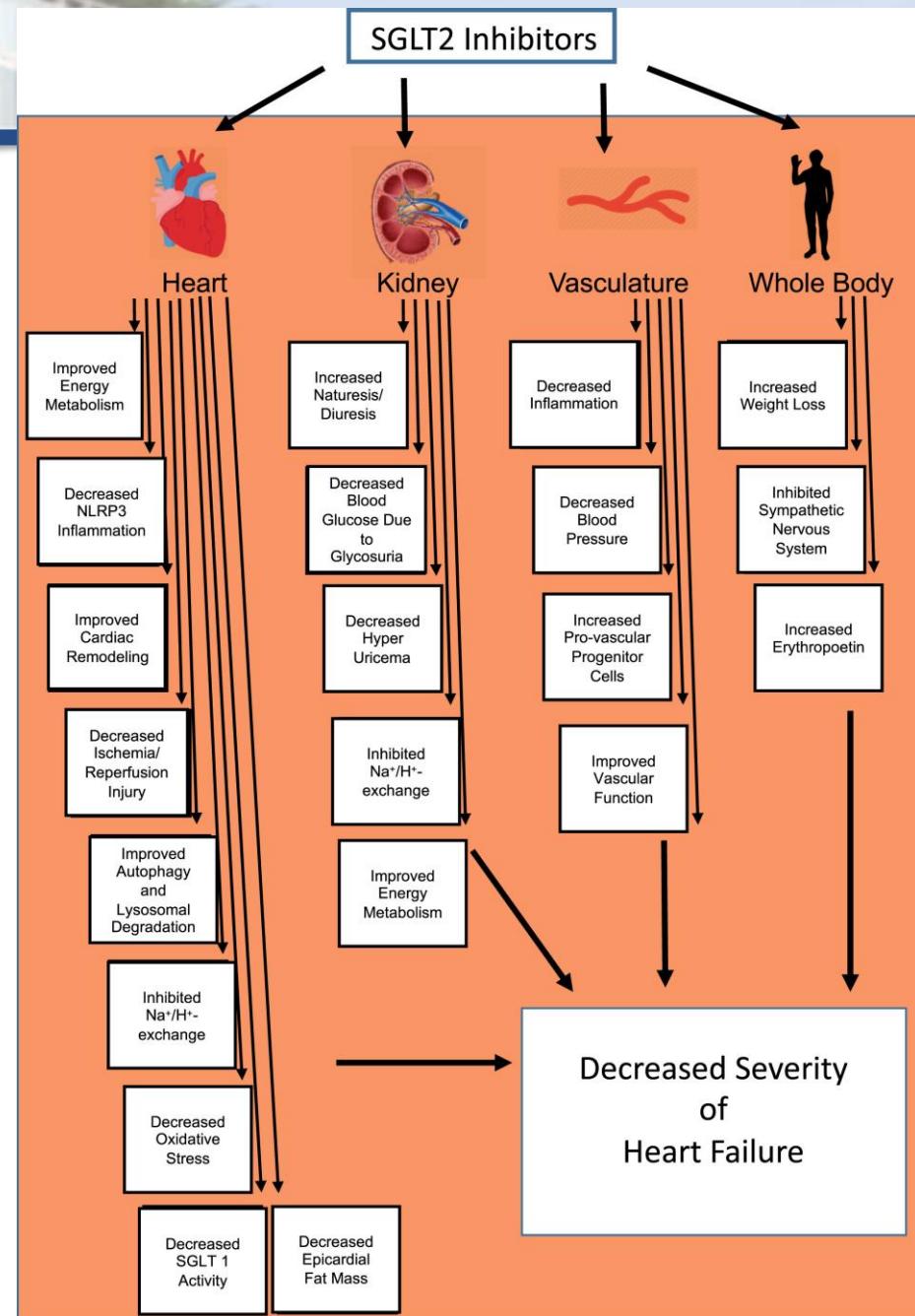
EMPA-REG
Outcome

The nephroprotective effects of SGLT2i



And if it was the kidney ?





En conclusion

- Après de nombreuses années où la pharmacologie de l'insuffisance cardiaque à fraction d'éjection réduite était centrée sur le blocage de l'activation des systèmes neuro-hormonaux, de nouvelles cibles thérapeutiques plus « cardio-centrées » sont maintenant disponibles
- Les inhibiteurs de SGLT2 vont s'imposer comme une nouvelle classe majeure du traitement de l'insuffisance cardiaque systolique
- L'élargissement de l'arsenal thérapeutique va poser la question du positionnement de chaque molécule et de leur combinaison
- L'insuffisance cardiaque à fraction d'éjection préservée n'est plus orpheline en termes de traitements ➔ iSGLT2

Thank you for your attention



*Clinical Investigations Center, Hôpital Européen Georges Pompidou
& Team 7 Paris Cardiovascular Research Center*