

Exploring complement in 2026: from biological assessment to in situ convertases (C3/C5), when and how to measure them?

Marie-Agnès Dragon-Durey, MD, PhD

Université Paris Cité

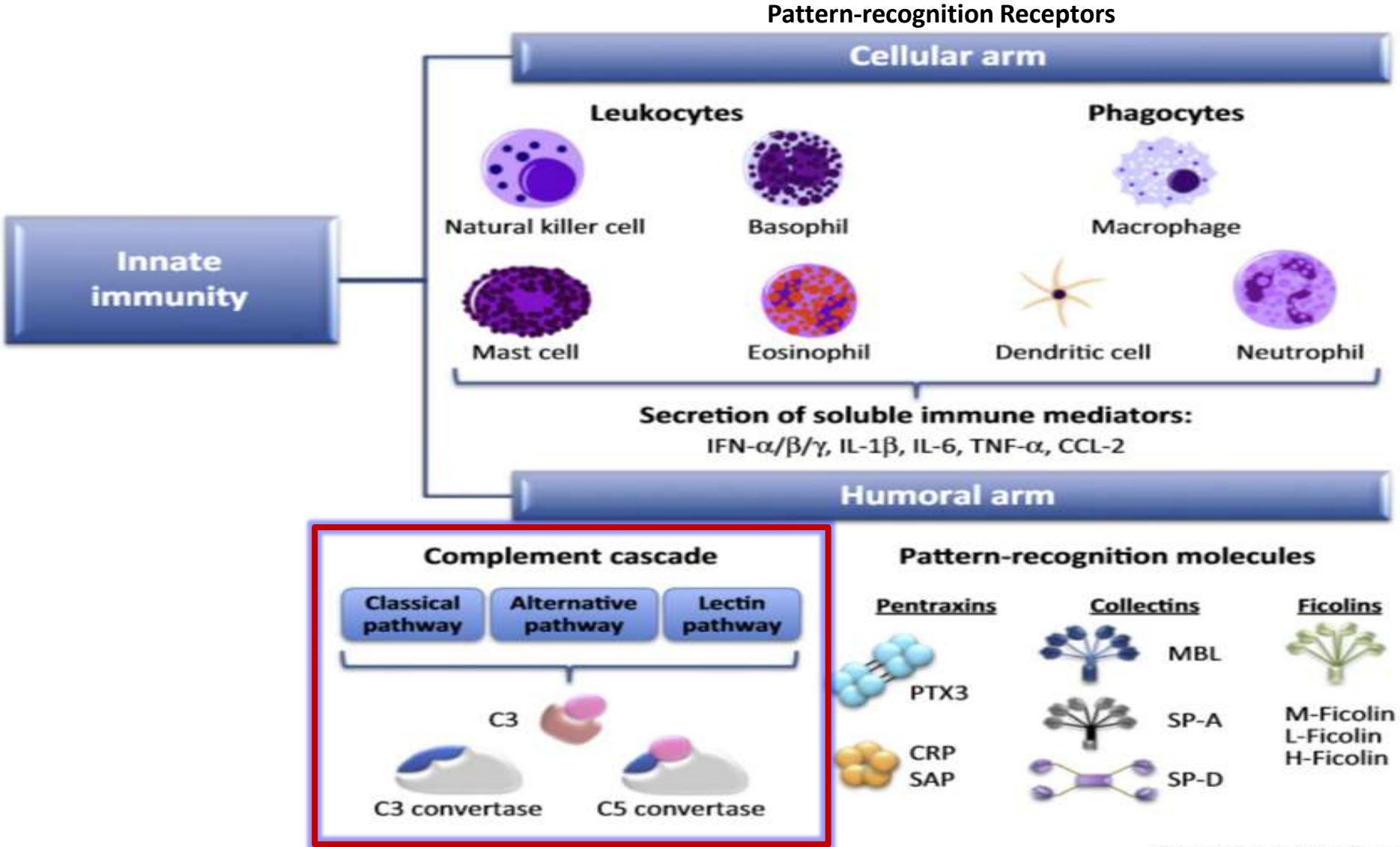
INSERM UMRS 1138, Centre de Recherche des Cordeliers

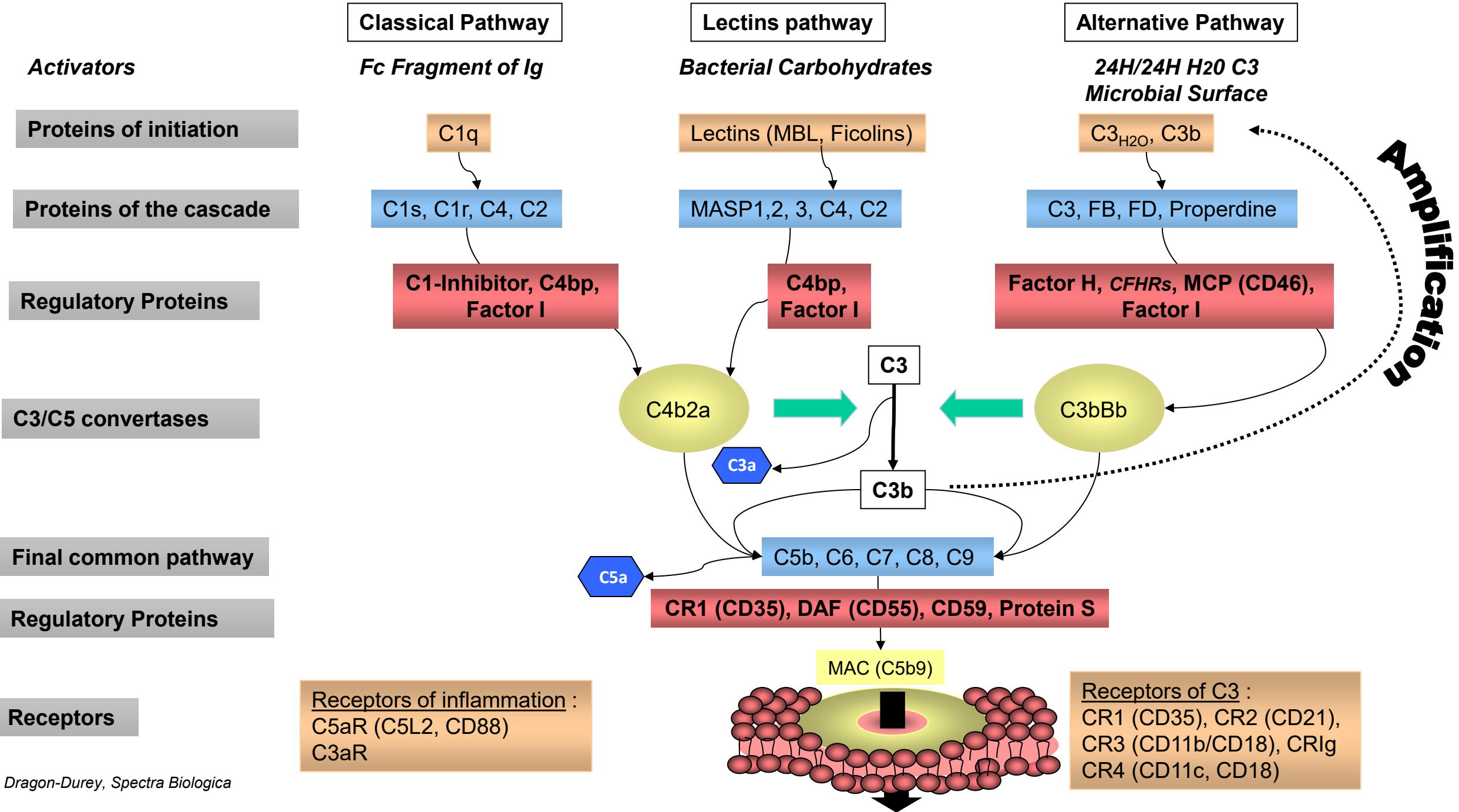
Laboratory of Immunology, Georges Pompidou Hospital, APHP

Paris, France



The complement system belongs to the innate immunity





**Aggregated Ig
Ag-Ab Complexes**

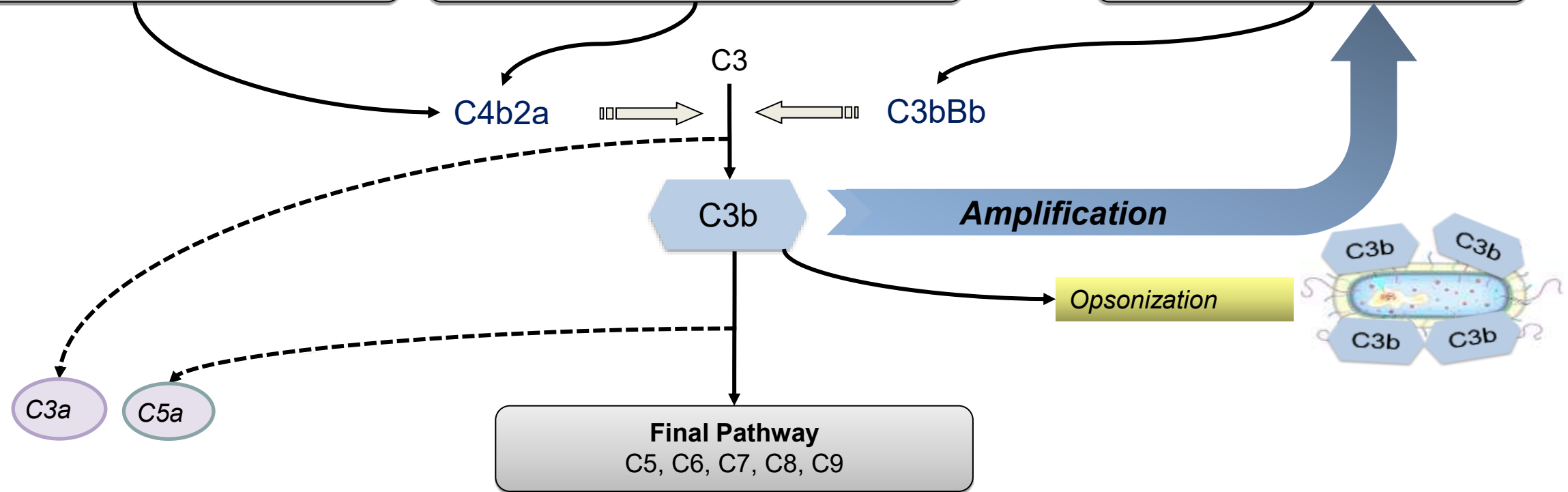
**bacterial
carbohydrates**

“24/24”

Classical Pathway
C1q, C1r, C1s, C4, C2

Lectins Pathway
MBL/Ficolins, MASPs, C4, C2

Alternative Pathway
C3, FB, FD, Properdine



Aggregated Ig Ag-Ab Complexes

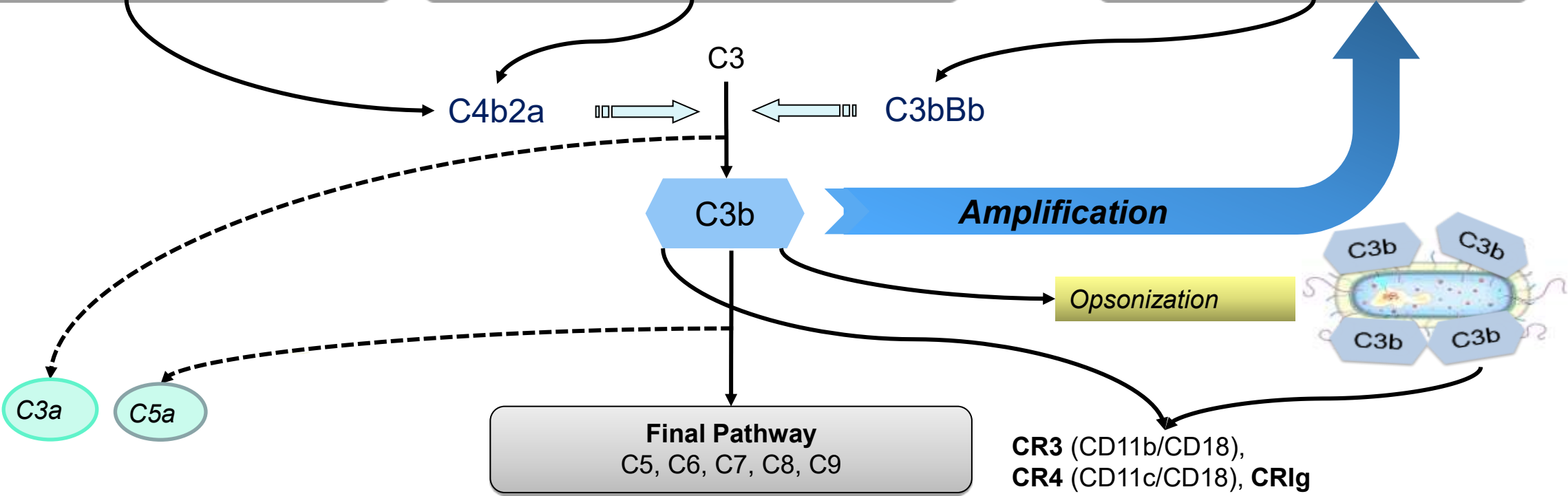
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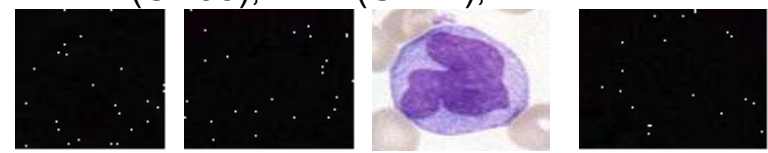


C3a
C5a

Final Pathway
C5, C6, C7, C8, C9

Opsonization

**CR3 (CD11b/CD18),
CR4 (CD11c/CD18), CR1g
CR1 (CD35), CR2 (CD21),**



*Phagocytosis
Immun complexes elimination
Adaptative immune response modulation*

“24/24”

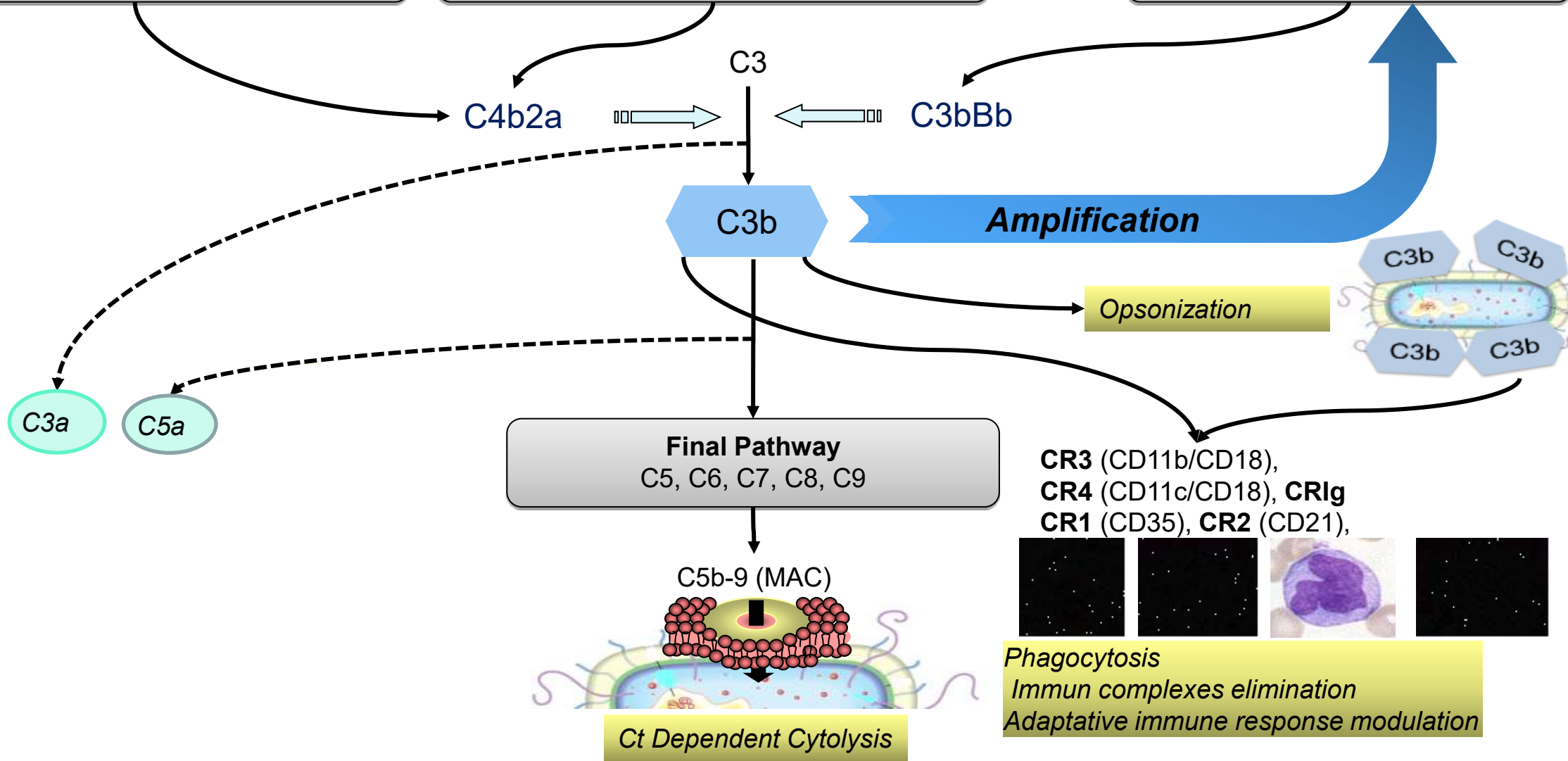
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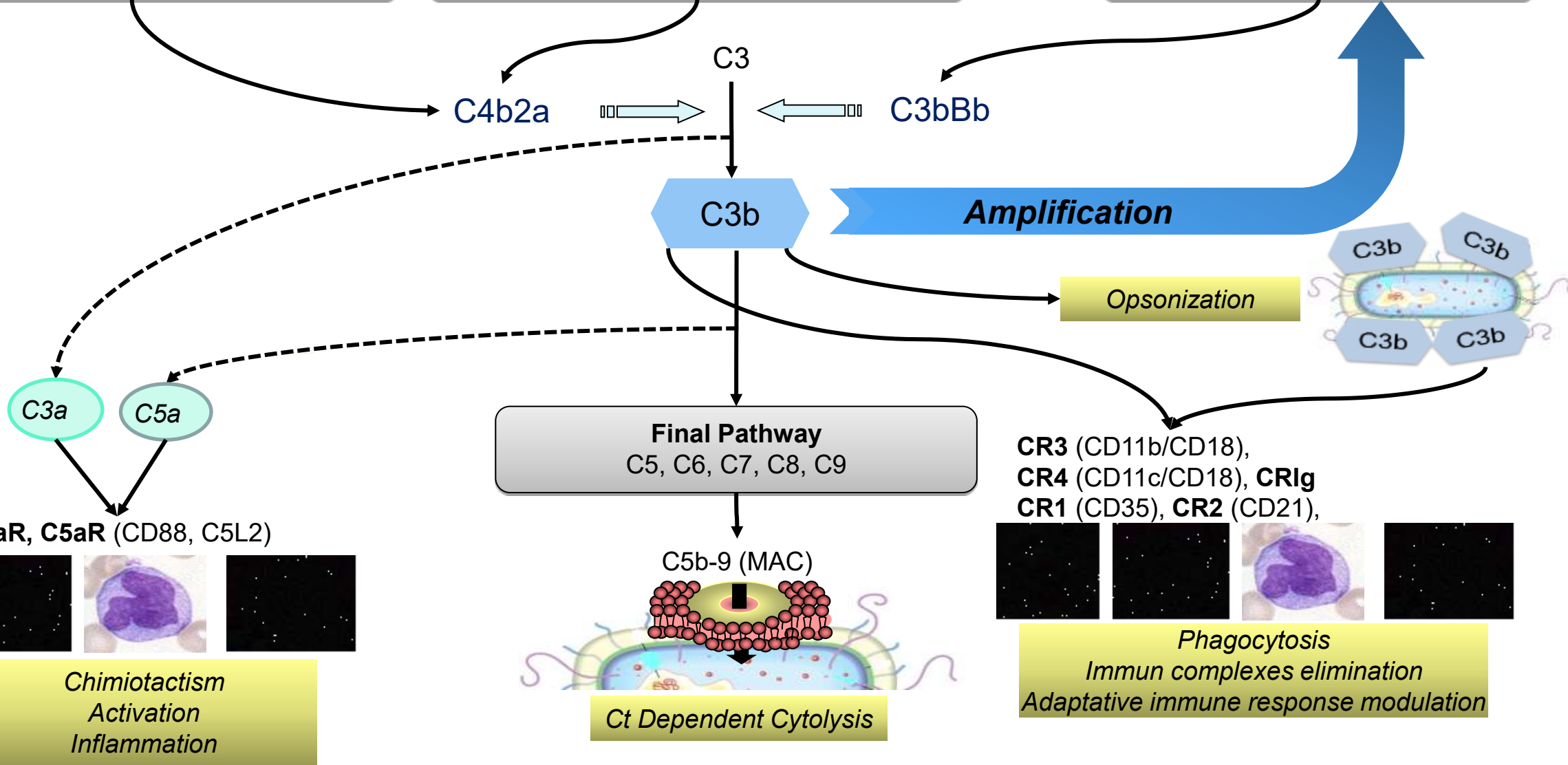
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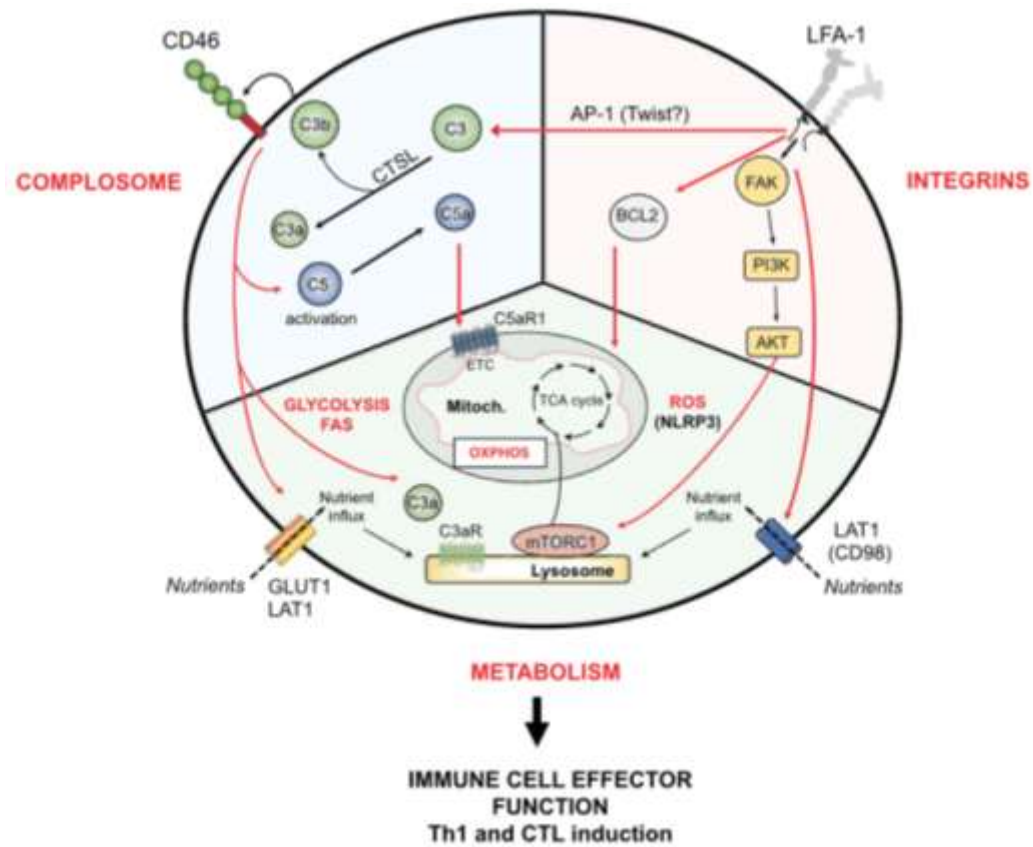
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C1q, C1r, C1s, C4, C2

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Alternative Pathway
C3, FB, FD, Properdine



Non canonical functions of Complement: intra-cellular « complosome »



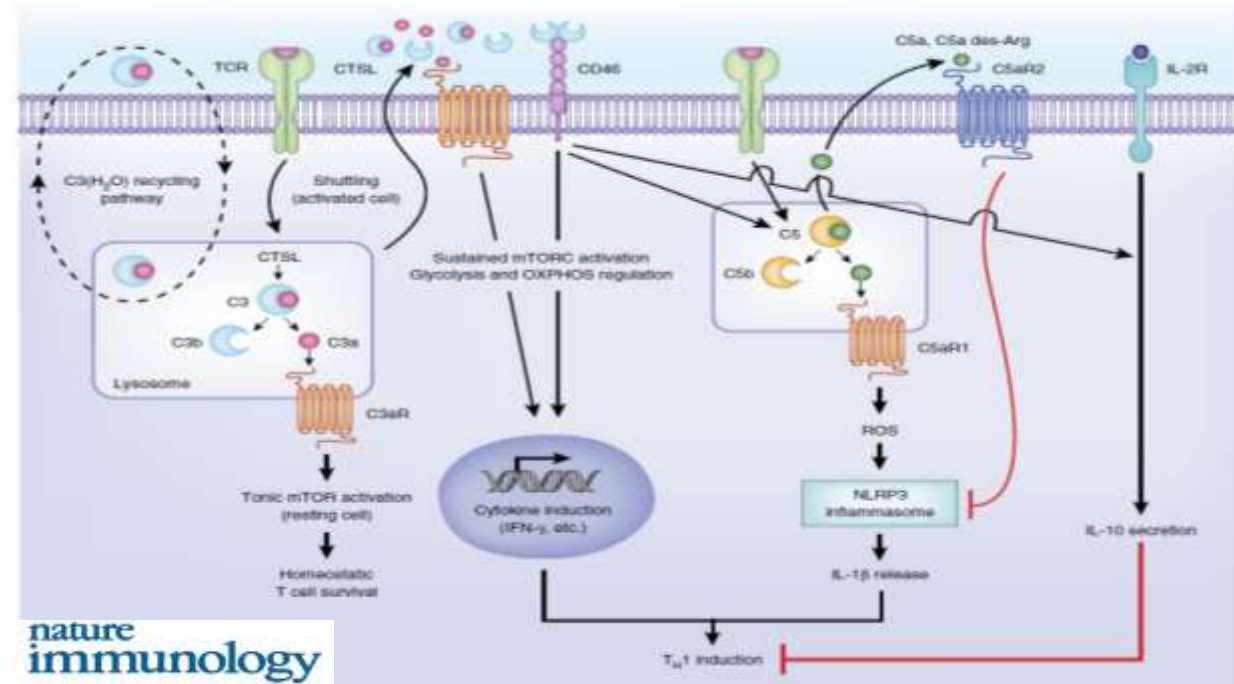
N. Merle et al., Br J Pharmacol (2021)

Role in :

Immune cells regulation+++, pregnancy, tissue haemostasis, lipid metabolism, coagulation, cancer...

Novel mechanisms and functions of complement

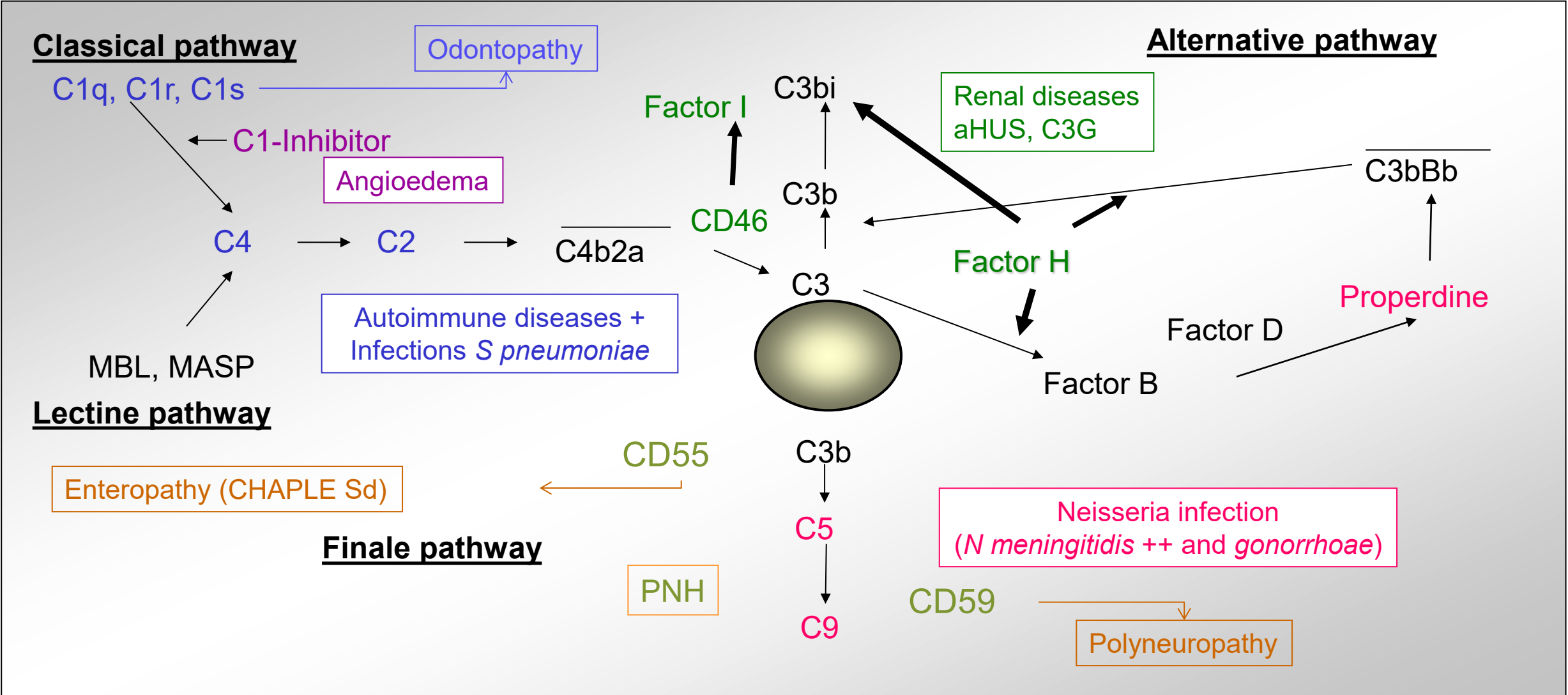
George Hajishengallis¹, Edimara S Reis², Dimitrios C Mastellos³, Daniel Ricklin⁴ & John D Lambris²



Complement exploration in human diseases

- Complement component deficiencies : association with various diseases
- Role in inflammation : autoimmune diseases (SLE, myasthenia gravis...), ischemia-reperfusion injury, septic shock...
- Role in tissue injury of some diseases (complement-mediated /associated diseases: aHUS, C3G...)
- Complement components : targets of autoantibodies
- Target of new therapies

Diseases associated with complement component deficiencies



2 types of deficiencies

Deficiencies of one component of the cascade :

Phenotype linked to a **default of the complement system function** :



- Default of the CIC elimination and adaptative immunity regulation (AID),
- Default of pathogens elimination (PID)

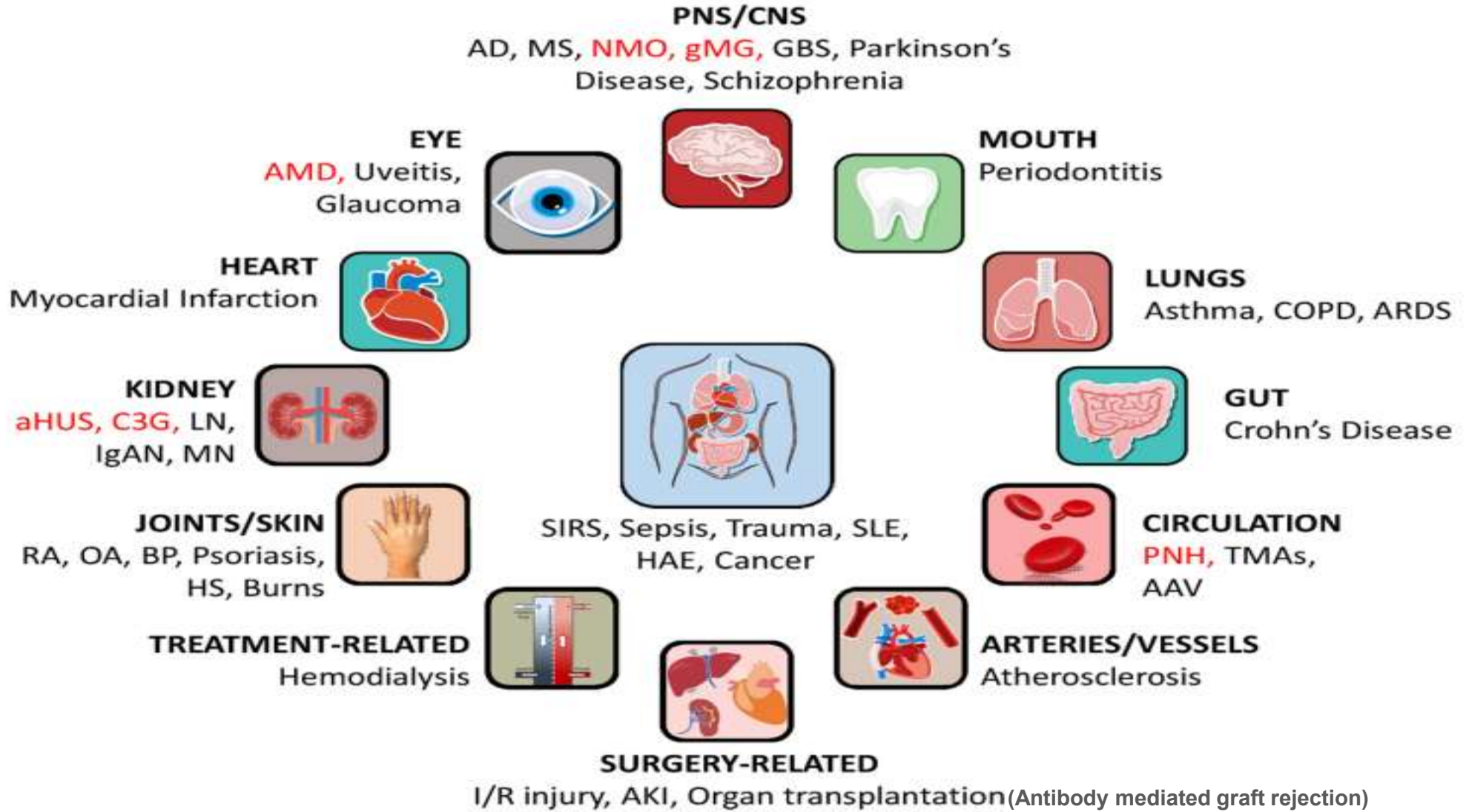
Deficiencies of one regulator of the cascade

Phenotype linked to an **excess of the Complement system function**:

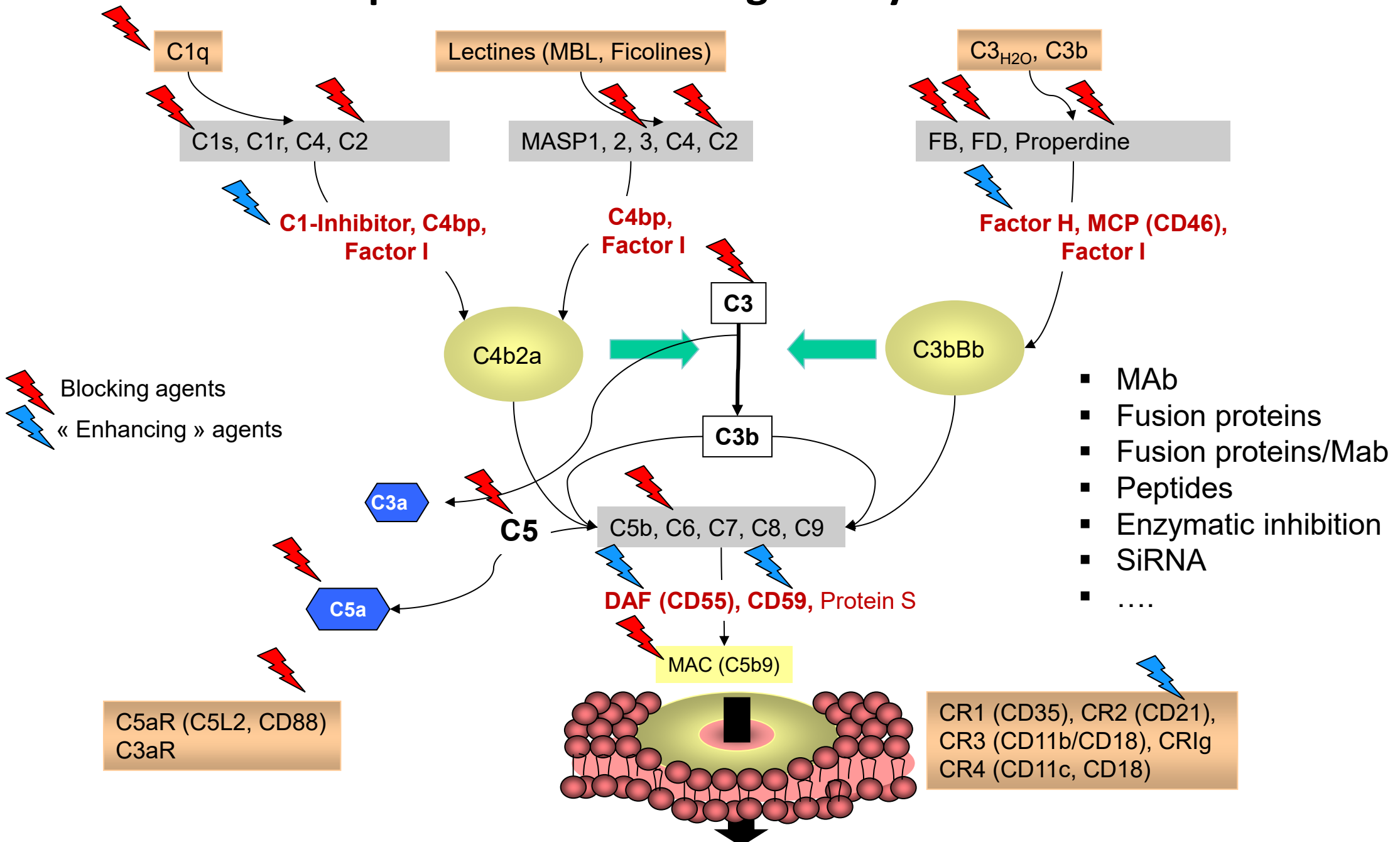


- Cell activation (endothelial ϕ , Platelets, Lymphocytes, macrophages),
- Tissu depositions (C3b, C5b9: in kidneys...),
- Cellular destructions (endothelial ϕ , axones..)

**COMPLEMENT CONFIRMED AS AS
PRIMARY DRIVER OF DISEASE**



Complement: a multitargeted system



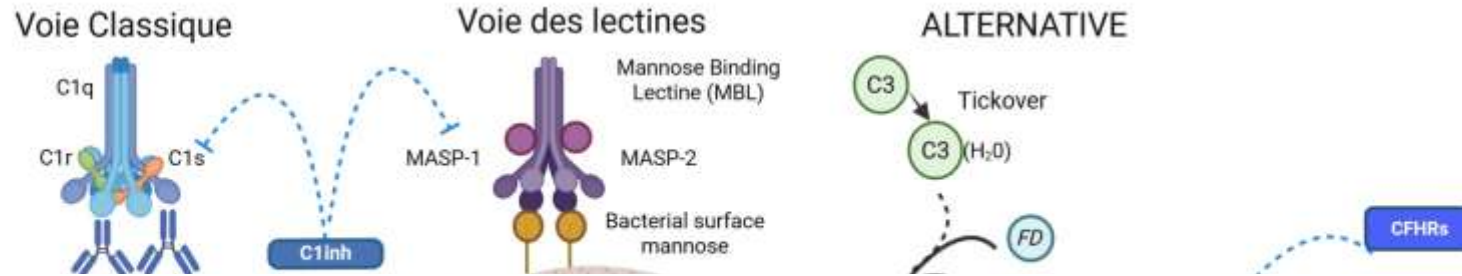
Complement exploration according to the clinical context

Context	Exploration	Objectives
SLE, Urticarial vasculitis	First level: CH50, C3,C4, sC5b9 Secund level : Factor B, C1 (q,r,s), C2, anti-C1q ab (lupus nephritis, Mac Duffy Sd)	Measure of classical pathway activation Look for hereditary or acquired classical pathway deficiency Look for anti-C1q ab for diagnosis (Mac Duffy) or pronosis (lupus nephritis)
aHUS, C3G	First level: CH50, C3, C4, Factor B, sC5b9, Bb, Factor H, Factor I, CD46 (SHUa), anti-FH ab + C3Nef, anti-C3b, anti-FB ab (if C3G) Secund level : Genetic study: <i>CFH,CFI,CD46,C3,FB,CFHRs</i>	Measure of alternative pathway activation Look for hereditary or acquired deficiency of alternative pathway regulation
Infections (recurrent, Meningococcus, pneumococcus)	First level: CH50, C3, C4, AP50 Secund level : C1 (q,r,s), C2 (pneumococcus), C5/C6/C7/C8/C9,properdine (meningococcus) Third level: FH, FI, (+/-MBL, Ficolins)	Look for protein deficiency of classical, terminal pathways and in properdin, Eventually deficiency in the alternative pathway regulation or in lectins pathway
Angioedema	First level: CH50, C3, C4, C1 Inh Ag et fonction Secund level : anti-C1 Inh ab; C1q, Genetic study: C1 INH +/-bradykinines (Factor XII)	Look for hereditary or acquired C1 inhibitor deficiency
Hemolysis/ thrombosis Polyneuropathy Enteropathy	First level: membrane expression of CD59, CD55 +/- CD14, CD16, CD24 on RBC, PNN and monocytes Same + genetic study Same + genetic study	Look for PNH clone (lack of GPI-anchored proteins) (CD55 neg/ CD59 neg) CD59 neg/ CD55 pos CD55 neg/ CD59 pos

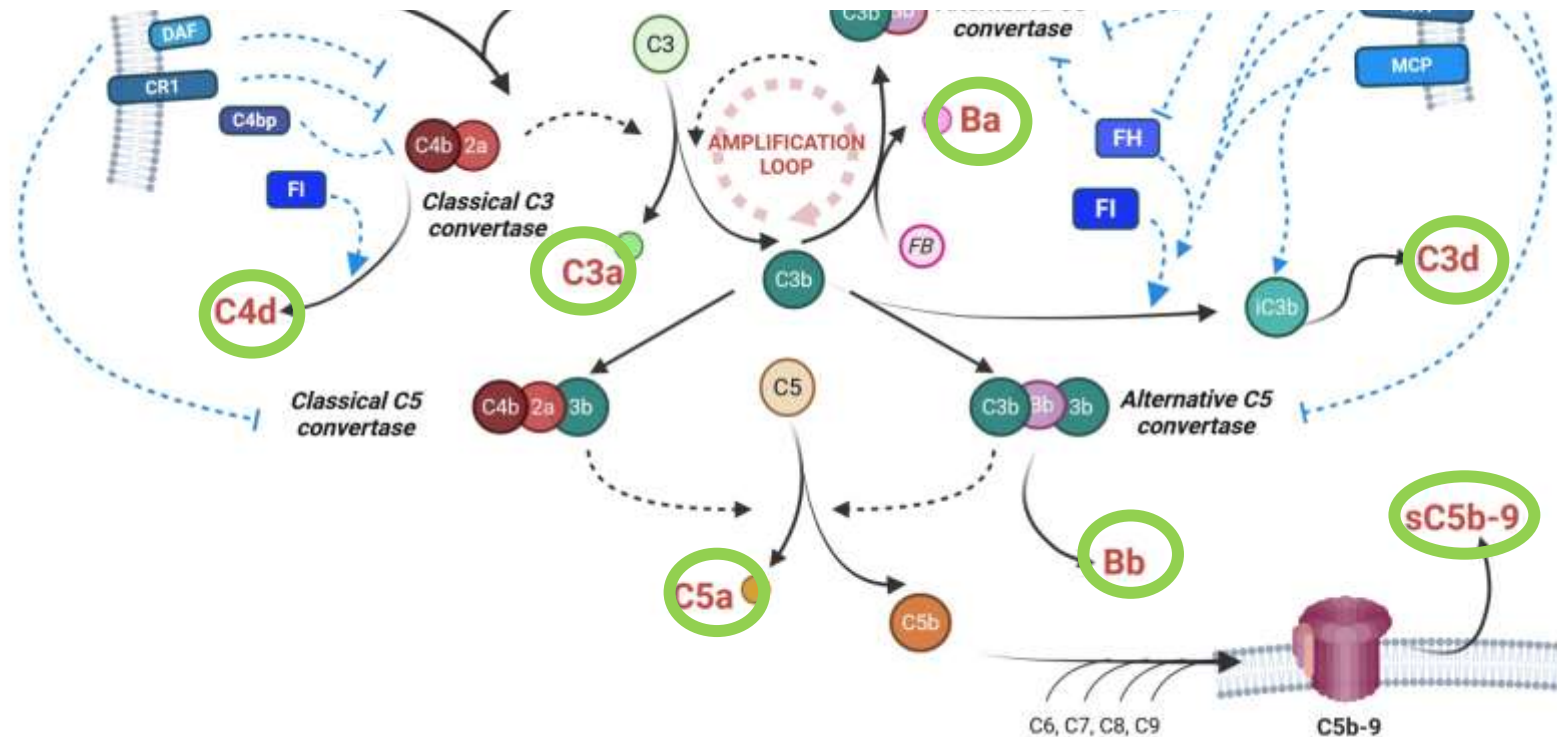
Complement exploration according to the treatment

Context	Exploration	Objectives
Treatment by distal blockers (C5)	CH50, C3,C4, sC5b9 (+/-C5a?) Measurement of the drugs (eculizumab, ravulizumab)	Evaluation of biological efficacy: -Measure of final pathway activation. Drug dose adaptation.
Treatment by AP proximal blockers	CH50, C3, C4, Bb, sC5b9 (+/- C3a, C5a?)	Evaluation of biological efficacy : -Measure of alternative and final pathways activation.
Treatment by C5a/C5aR1 axis blockers	C5a, granulocytes/ monocytes phenotyping Cytokines measurement	Evaluation of biological efficacy : -Measure of complement activation -Measure of granulocytes/monocytes activation

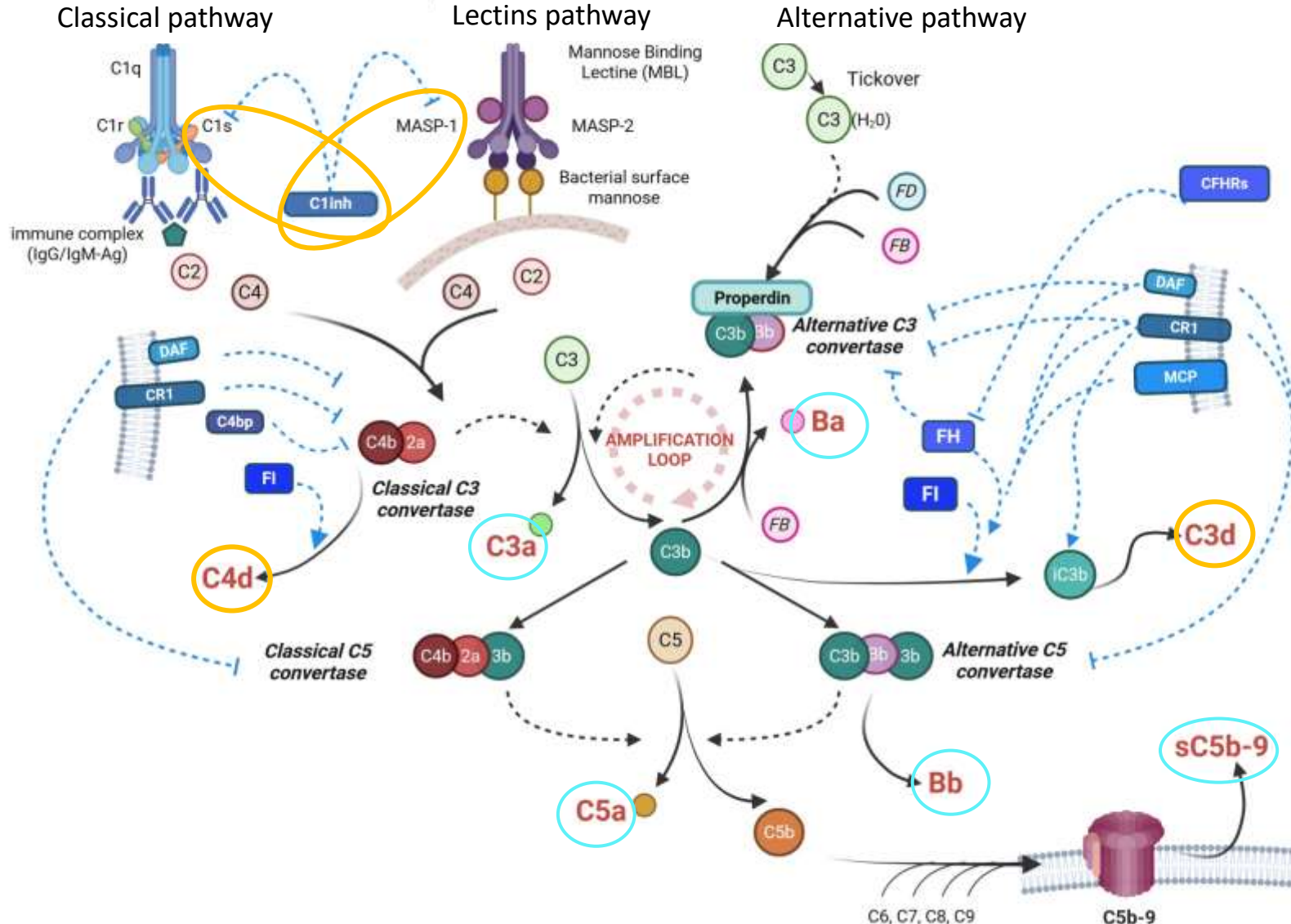
Assessment of Complement activation state in body fluids



Only measurement at the proteic level of products generated by the cascade allows determining the activated pathway(s) and its intensity



Assessment of Complement activation state in body fluids



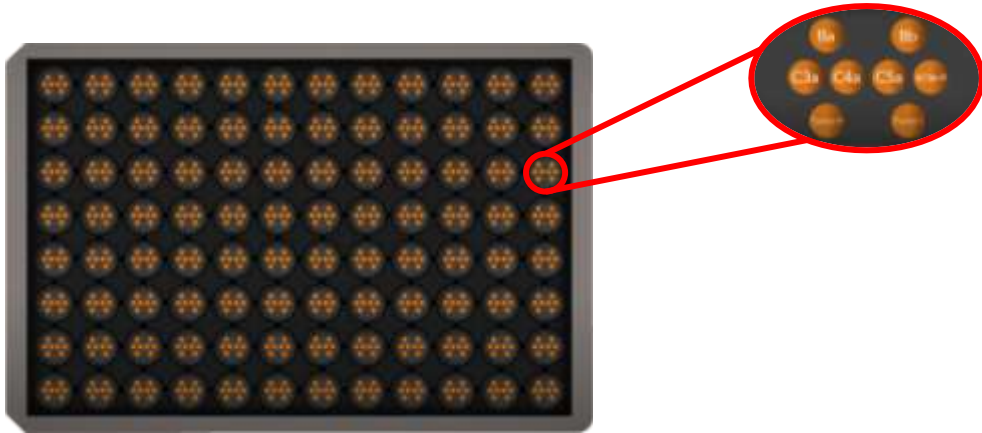
○ Single ELISA (Svar[®], Hycult[®], Quidel[®])

○ Multiplexed ELISA (Quidel[®])

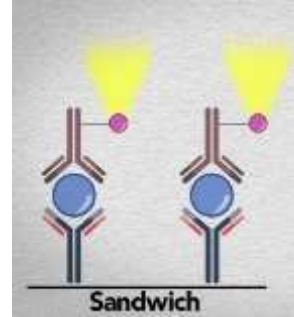
+/- measurement of intact proteins (C4, C3, FB, C5)-> ratios (multiplexed ELISA (Quidel[®]) or turbidimetry (The Binding site[®]))

+/- inflammation markers (in plasma) :
 CRP : IL-6 stimulation,
 Calprotectin : granulocytes activation (SvarCalpro[®])

MicroVue Complement Multiplex



Panel 1: "fragment" (Complement Activation)

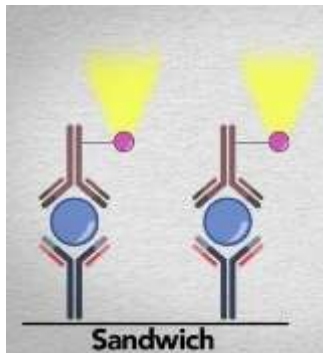


Ba, Bb, C3a, C4a,
C5a, sC5b-9,



Factor H,
Factor I

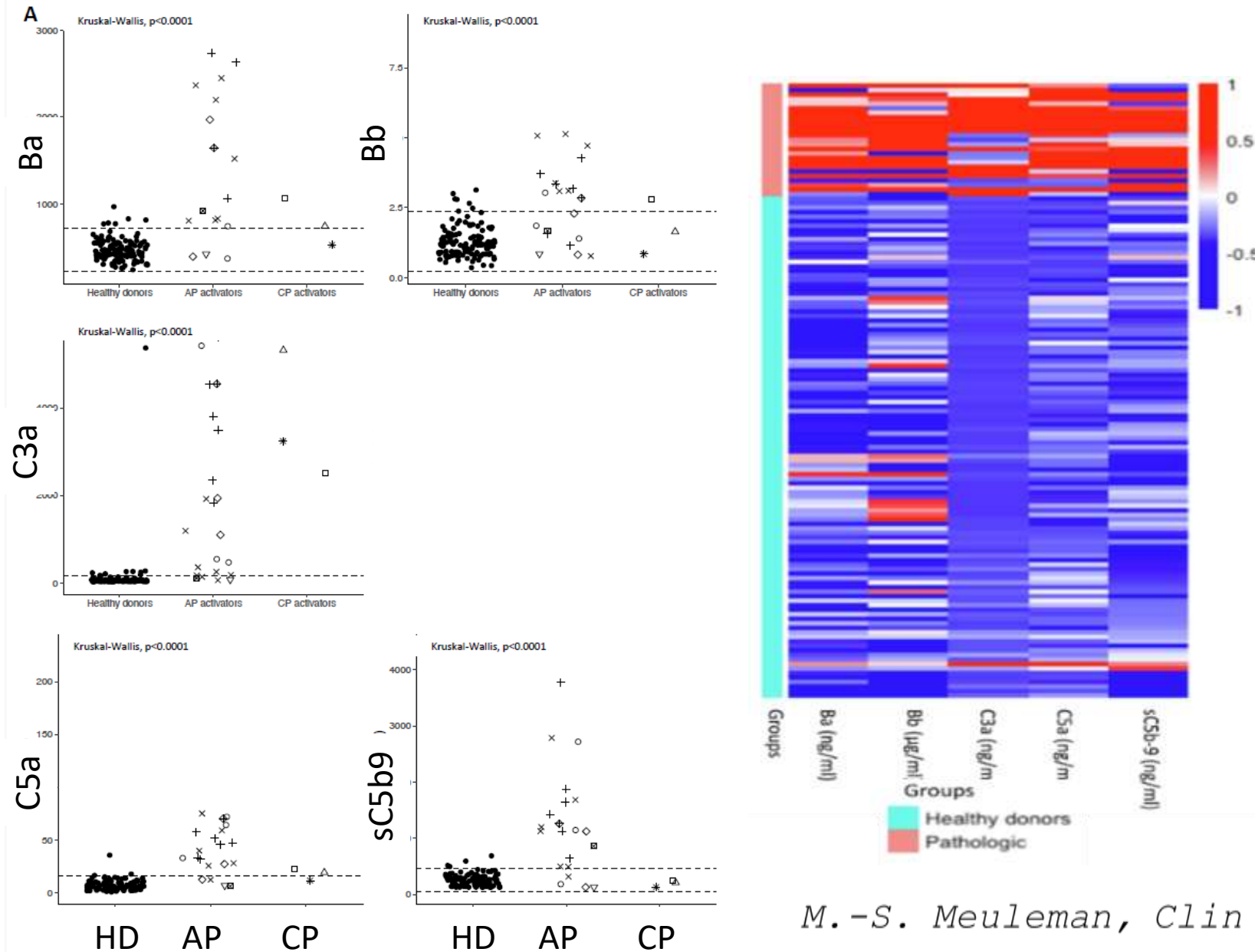
Panel 2: "complete" (Complement components levels)



C1q, C2 Intact, C3 Intact,
C4 Intact, C5 Intact,
Factor D, Factor P

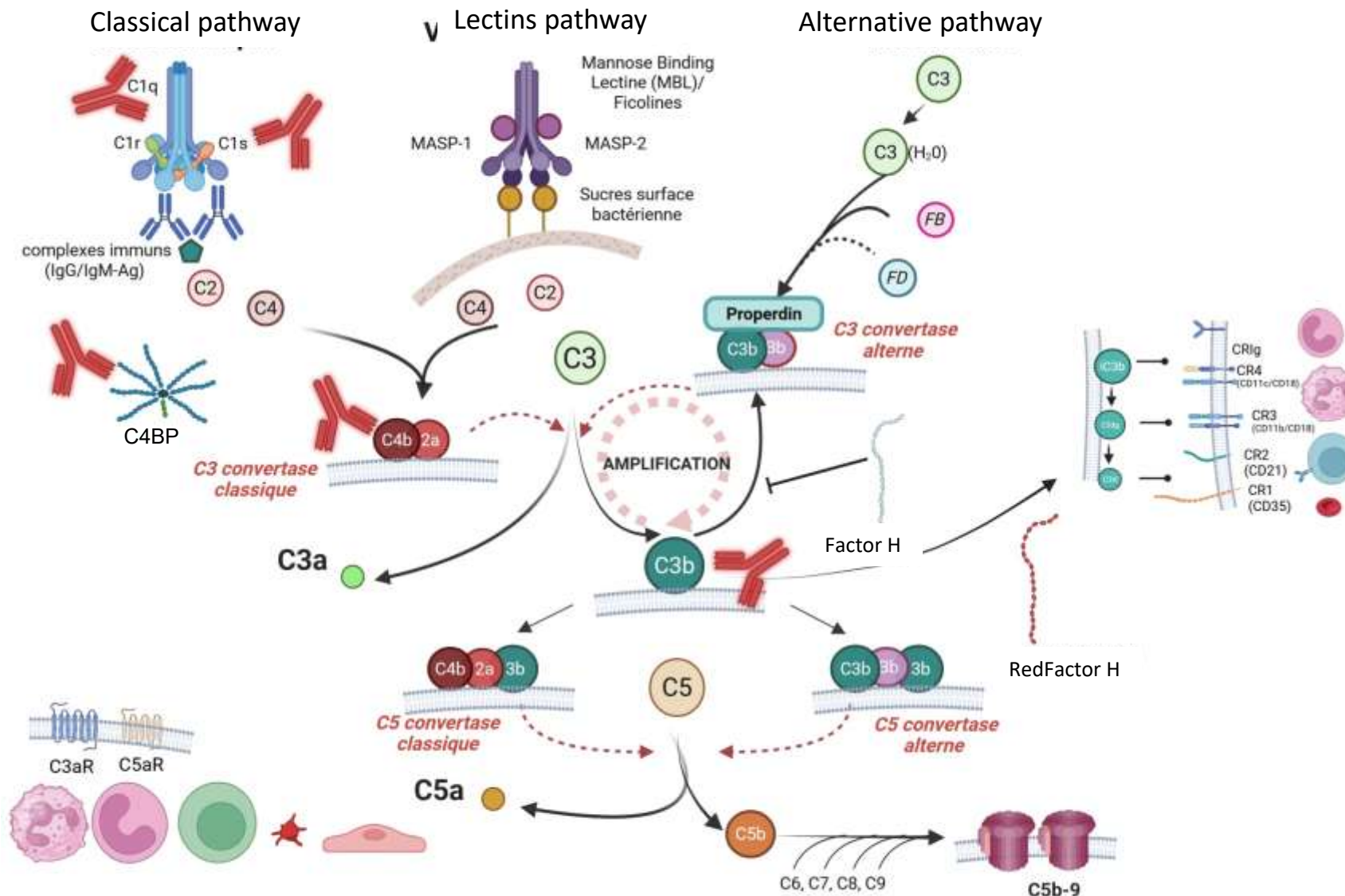
Panel routine: FH, FI, sC5b9, Bb

Complement activation profile assessed in plasma from patients with various complement-mediated disorders.

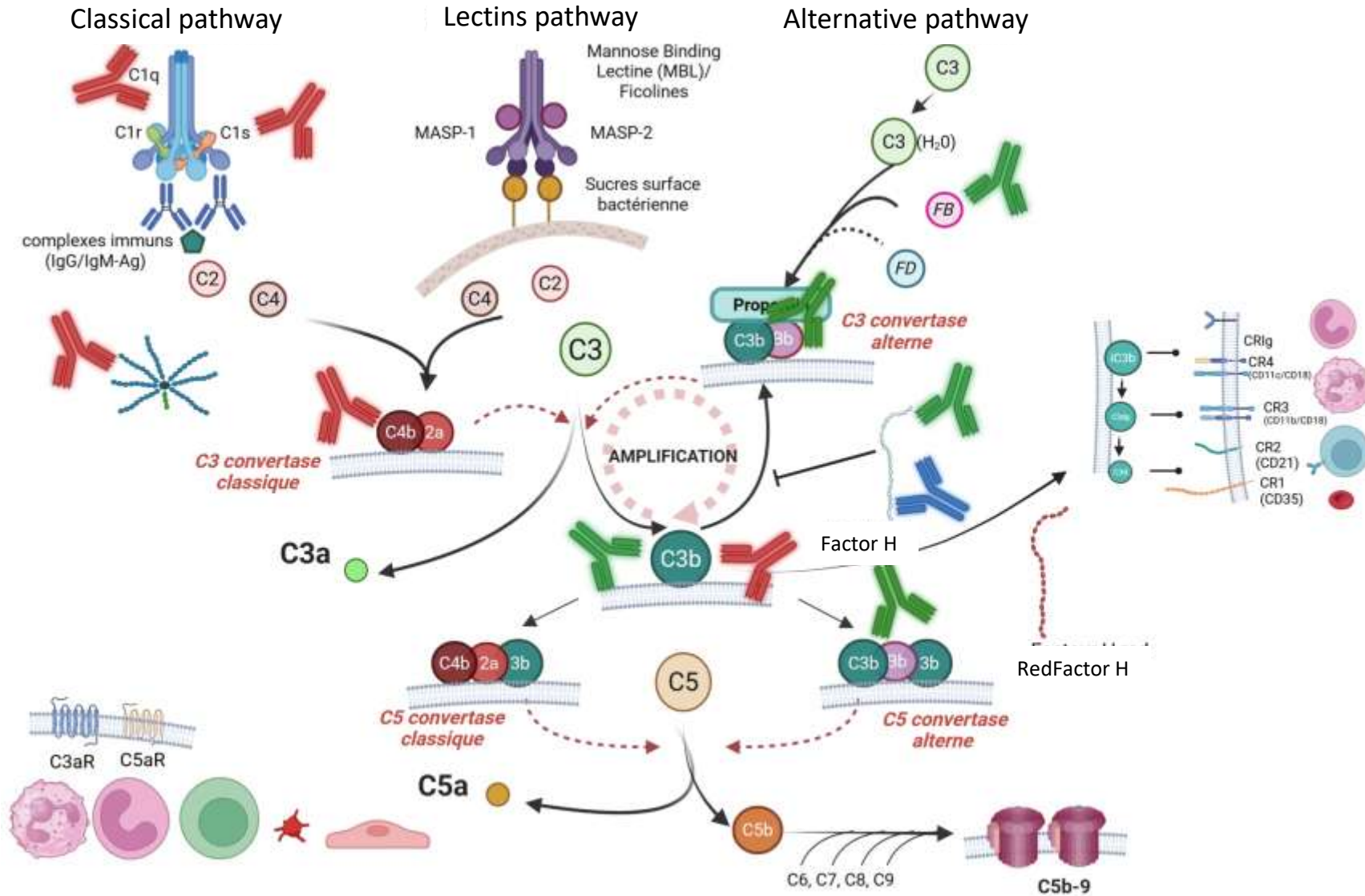


Anti-Complement proteins autoantibodies

SLE/APS



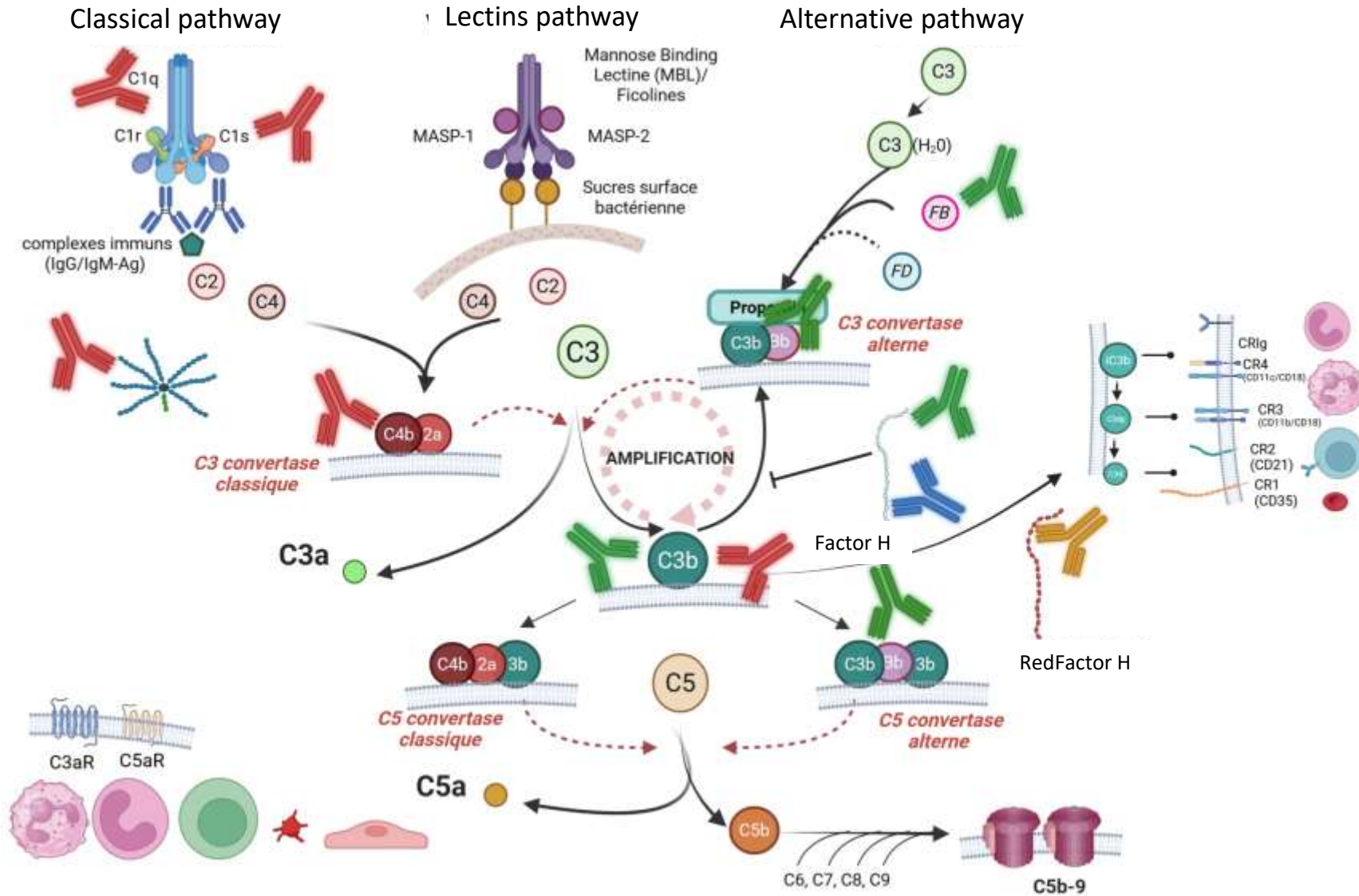
Anti-Complement proteins autoantibodies



SLE/APS
HUS
C3G

H

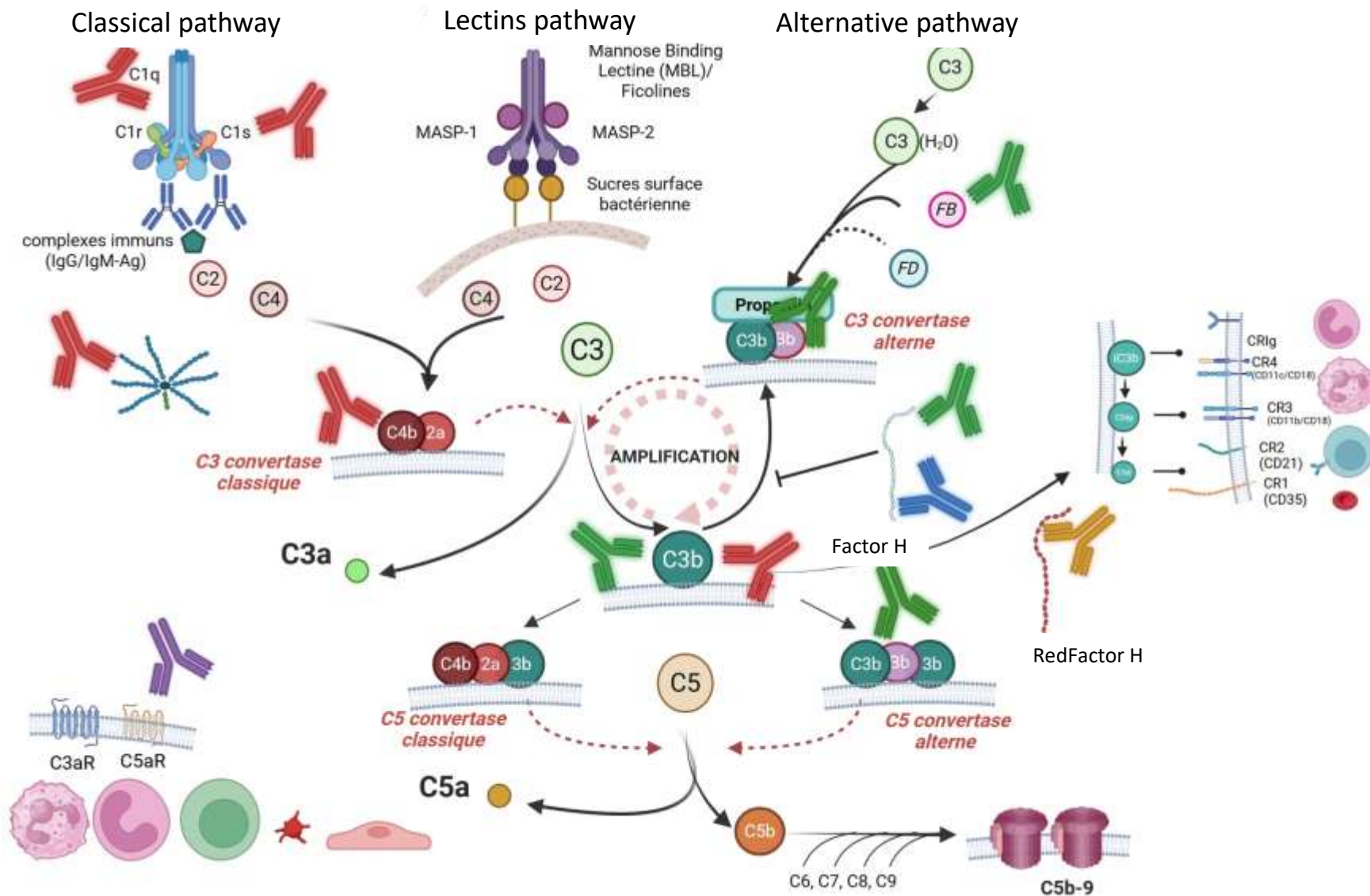
Anti-Complement proteins autoantibodies



SLE/APS
C3G
HUS
Cancers

H

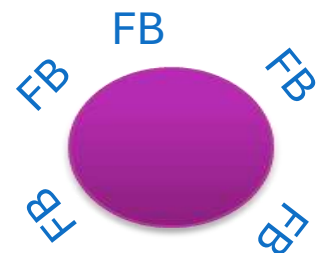
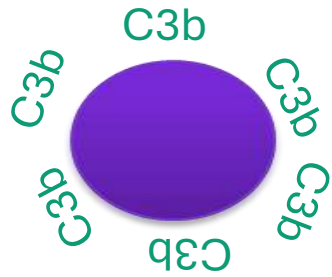
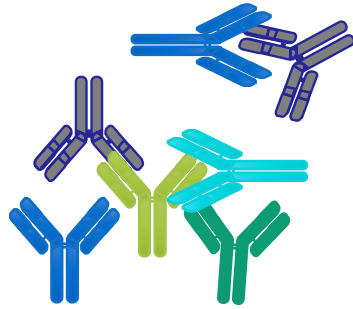
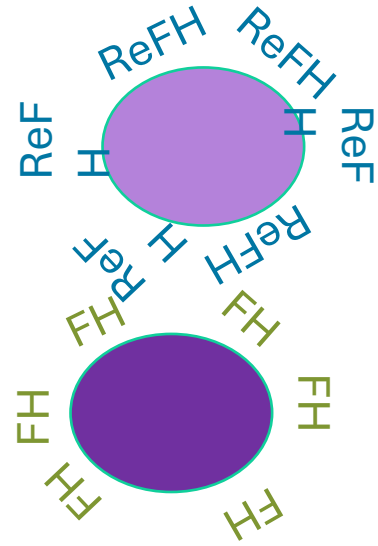
Anti-Complement proteins autoantibodies



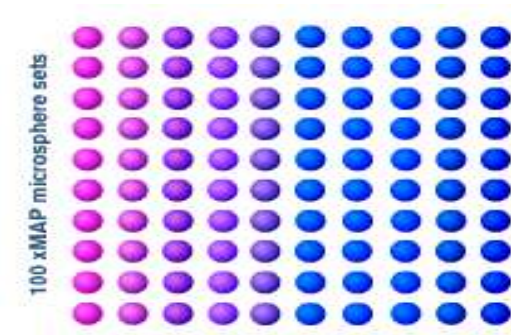
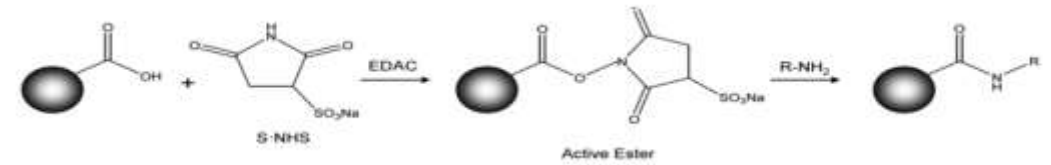
SLE/APS
C3G
HUS
Cancers
AAV?

H

Multiplexed detection of anti-complement protein autoantibodies



Covalent coupling of native proteins on different fluorescent beads

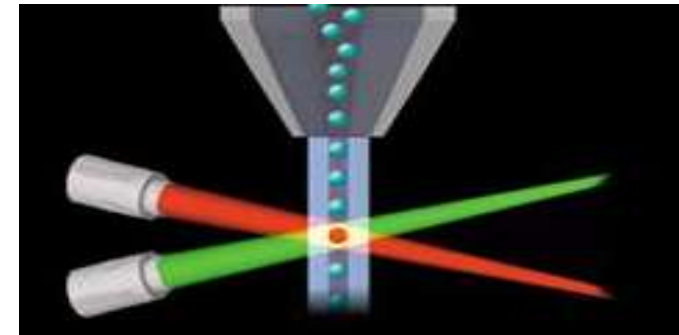


+ anti-Hum IgG/IgA or IgM **PE**

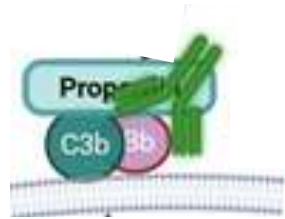


R Philip, Eur J Immunol, 2024

Revel, Artero et al. Oncoimmunol, 2024



Nephritic factors in C3G and MPGN : Enhancing effect of autoantibodies targeting the Convertases



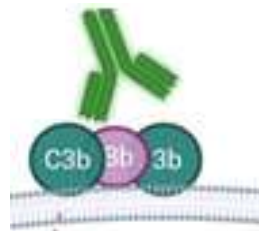
C3 Nef

AP C3 convertase



C4 Nef

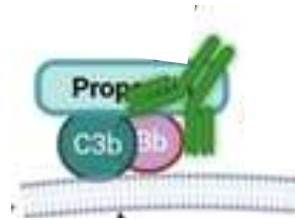
CP C3 convertase



C5 Nef

AP C5 convertase

Nephritic factors in C3G and MPGN: Enhancing effect of autoantibodies targeting the Convertases



AP C3 convertase



CP C3 convertase

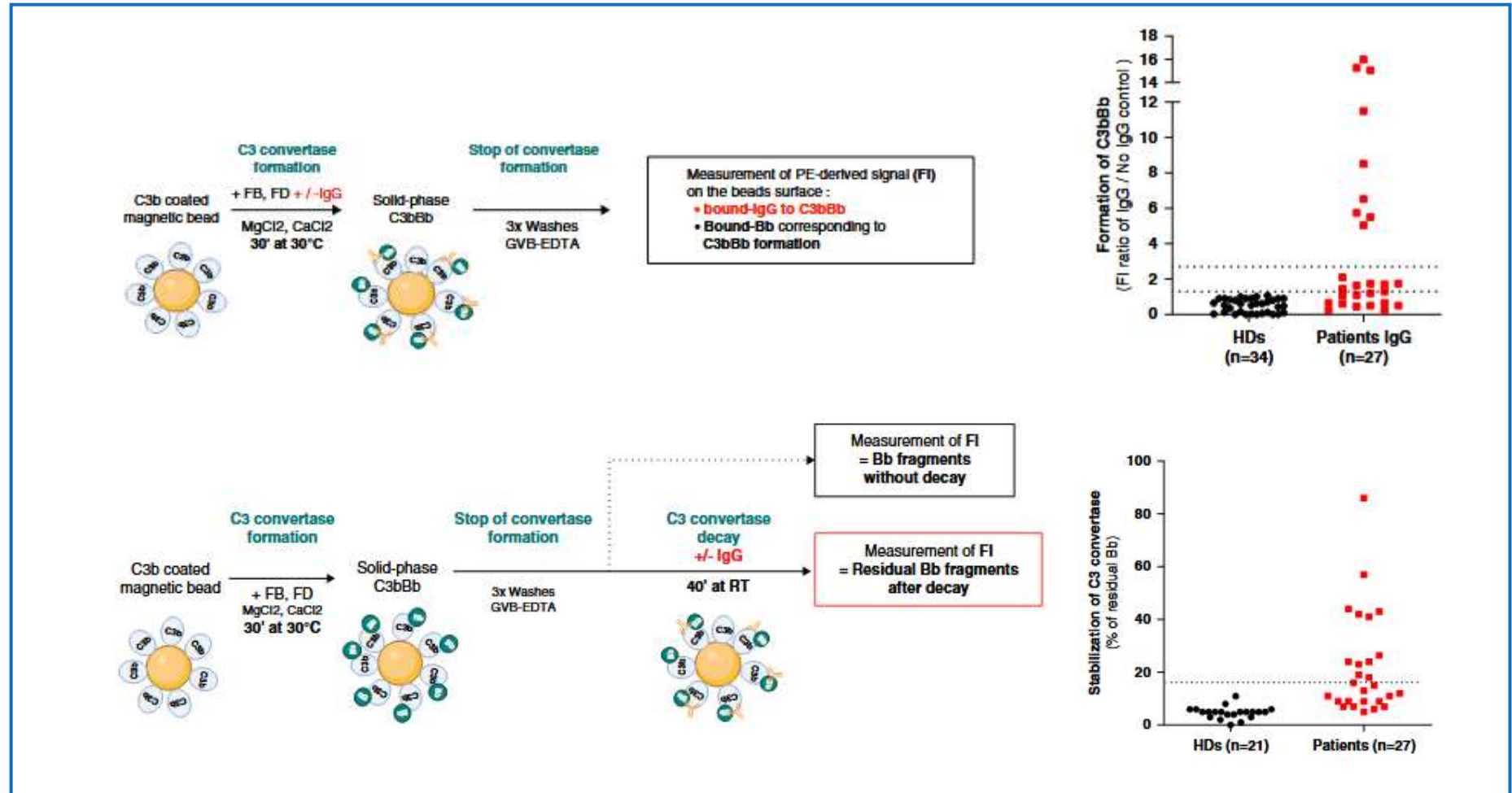


AP C5 convertase

C3 Nef

C4 Nef

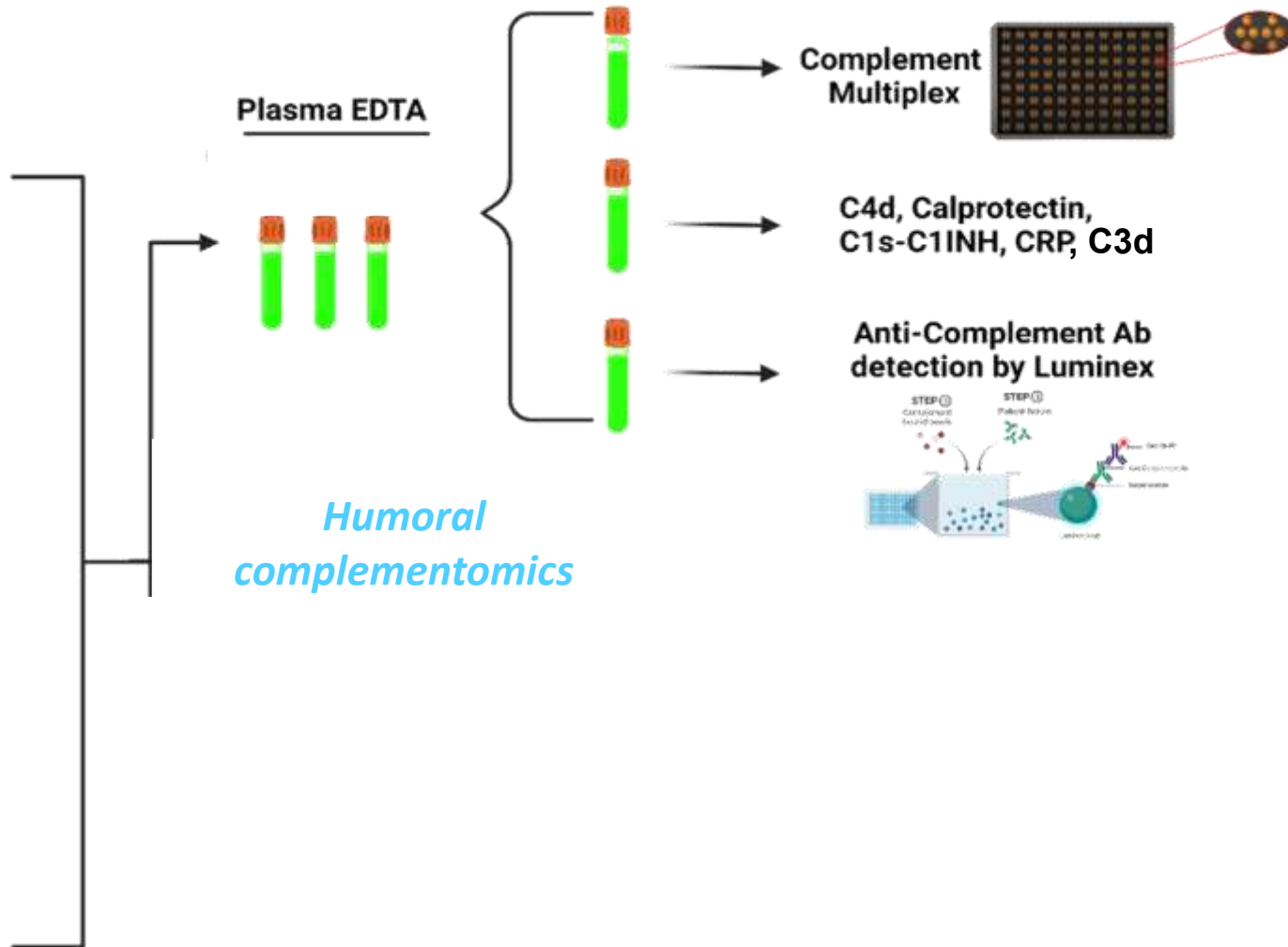
C5 Nef



Patients' cohort



Controls' cohort



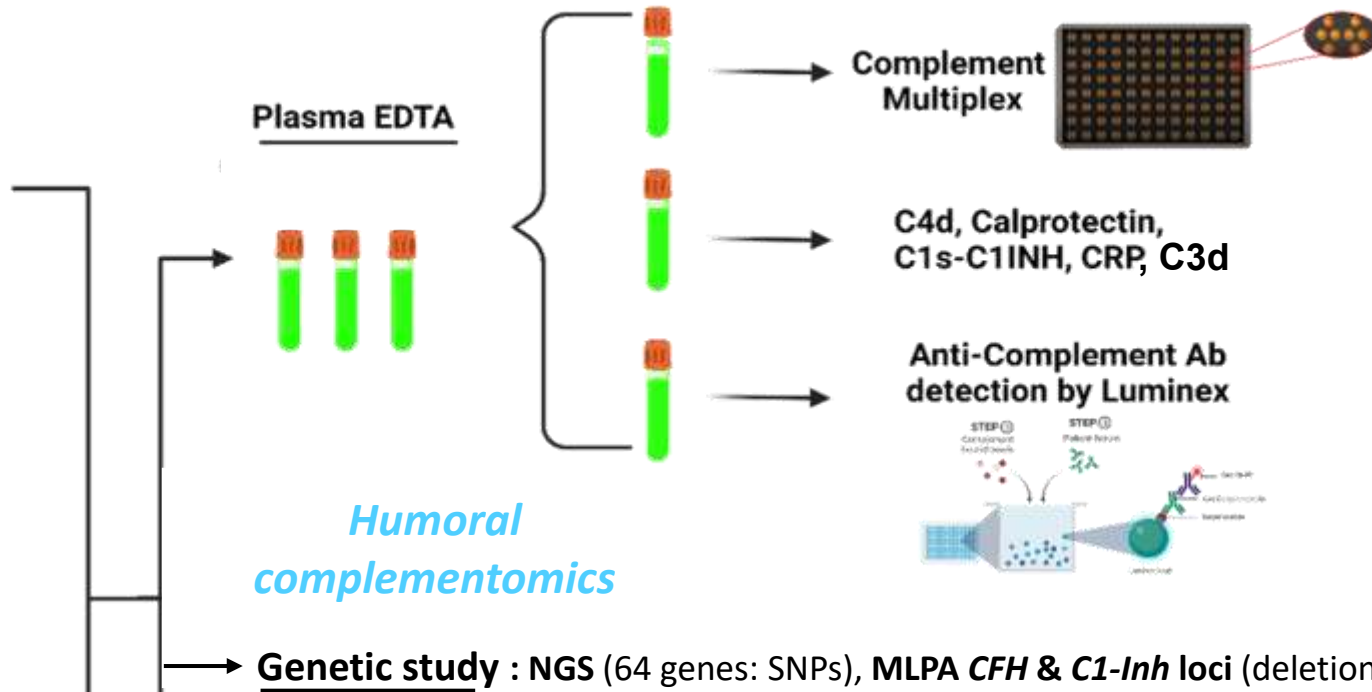
Validated tools



Patients' cohort



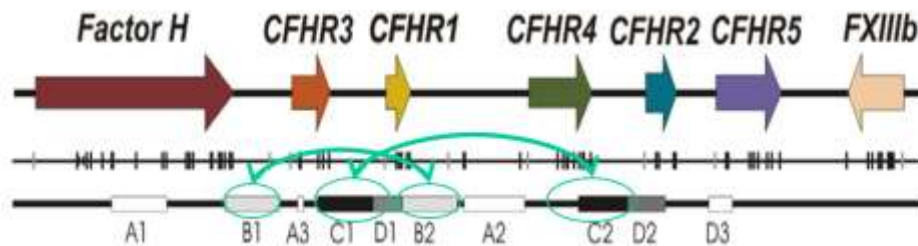
Controls' cohort



Humoral complementomics

Genetic study : NGS (64 genes: SNPs), MLPA *CFH* & *C1-Inh* loci (deletions, insertions, recombinations)

Complome



Factor H/CFHR gene cluster

Exons

Recombination domains

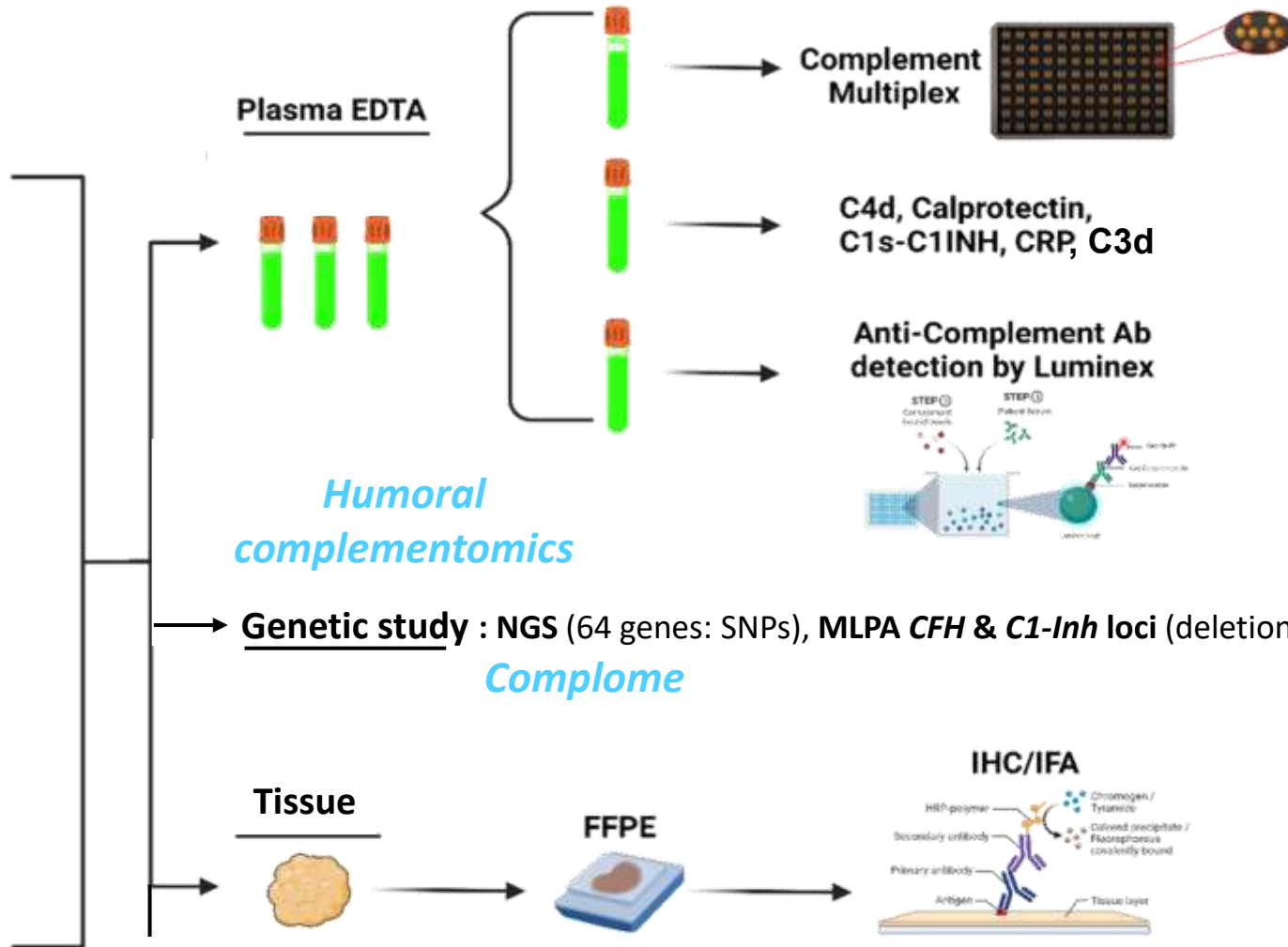
Validated tools



Patients' cohort



Controls' cohort

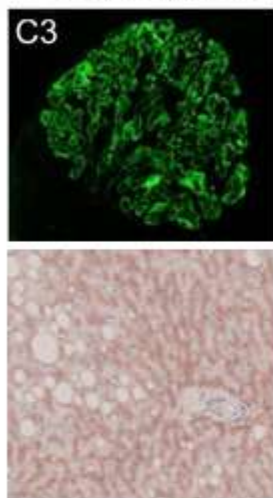


Validated tools

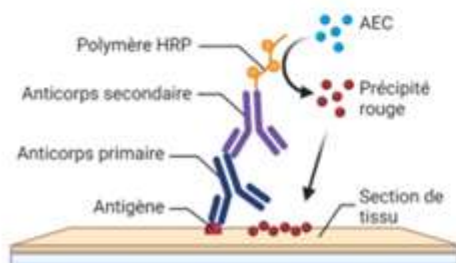


Antibody-based techniques are the most widely used

Monoplex

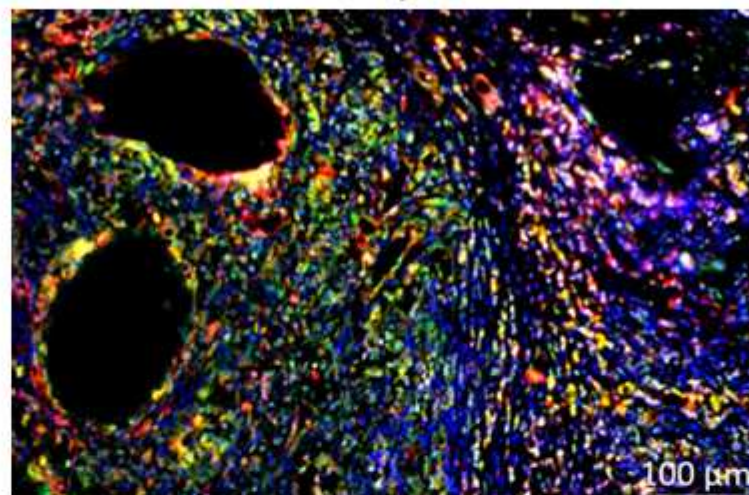


IHC or IF : 1 marker + nucleus (hematoxylin)

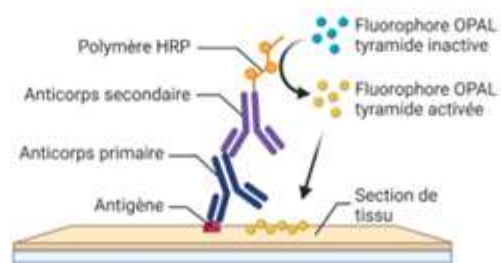


Possibility of combining 2 markers (IHC)
4 markers (IF with 4 different channels).

Multiplex

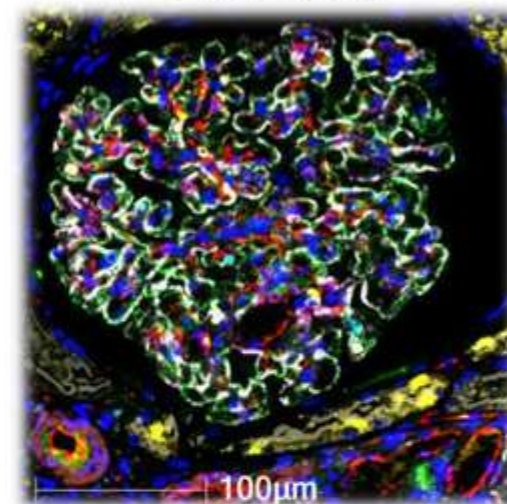


Tyramide /OPAL:
8 markers + nucleus (DAPI)



Detection of up to 6 markers without signal demixing
Detection of up to 8 markers with signal demixing

Hyperplex

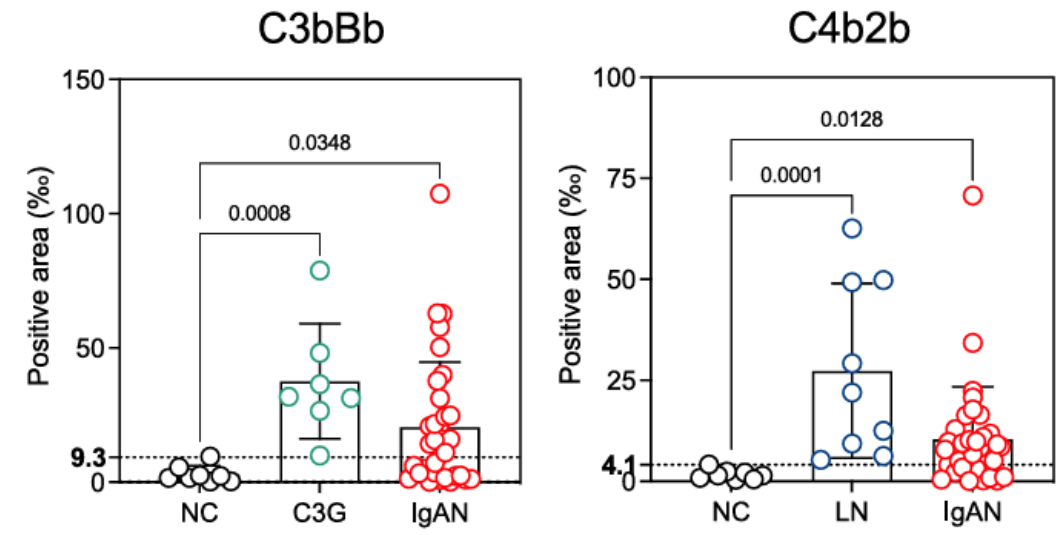
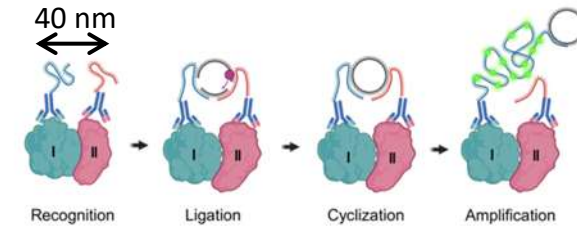
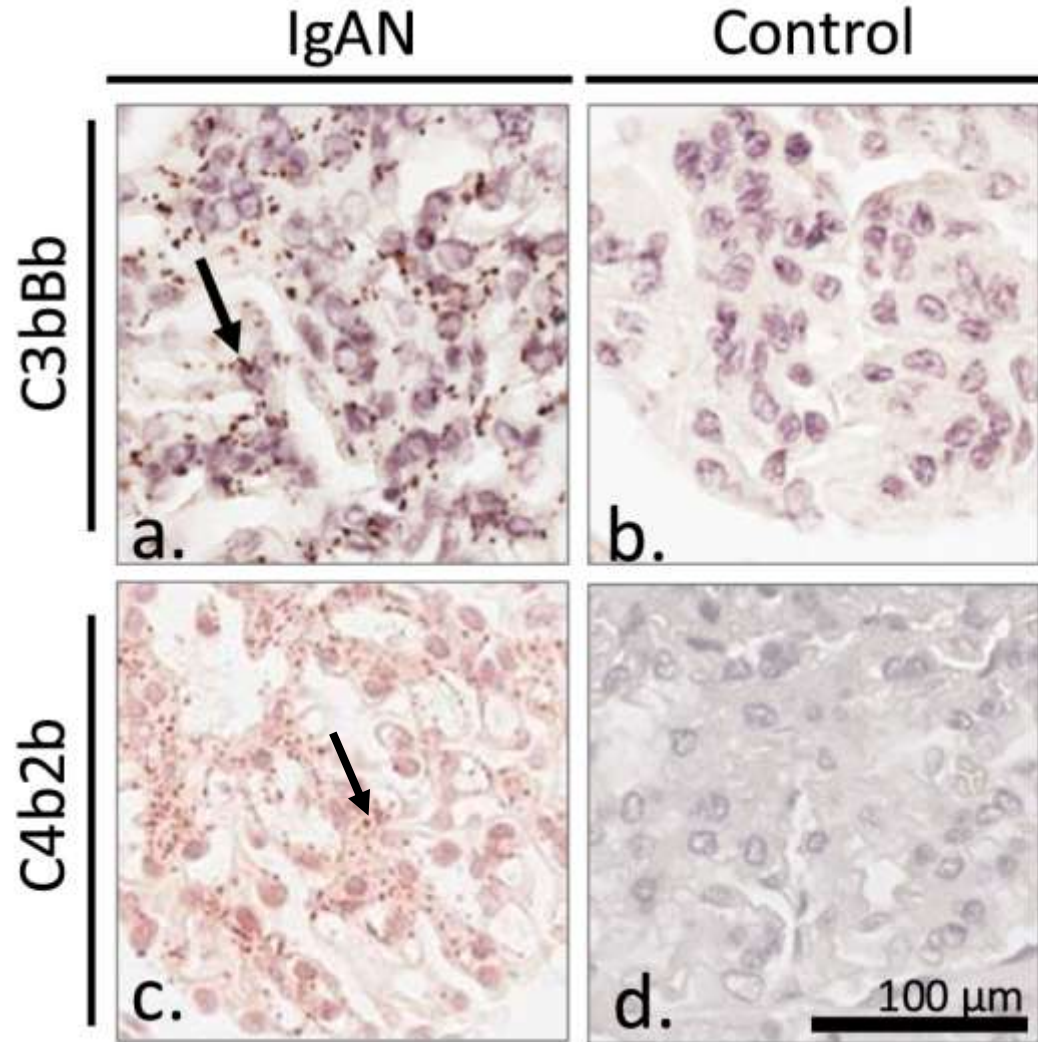


COMET (Lunaphore)
40-plex

COMET (Lunaphore)
Phenocycler (Akoya)
MACSima (Miltenyi Biotec)
Cell DIVE (Leica Microsystems)
Orion / Orion HT (RareCyte)
Hyperion XTi (Standard BioTools) etc...

Thanks to Idris Boudhabhay

In situ Convertases quantification by proximity ligation Assay

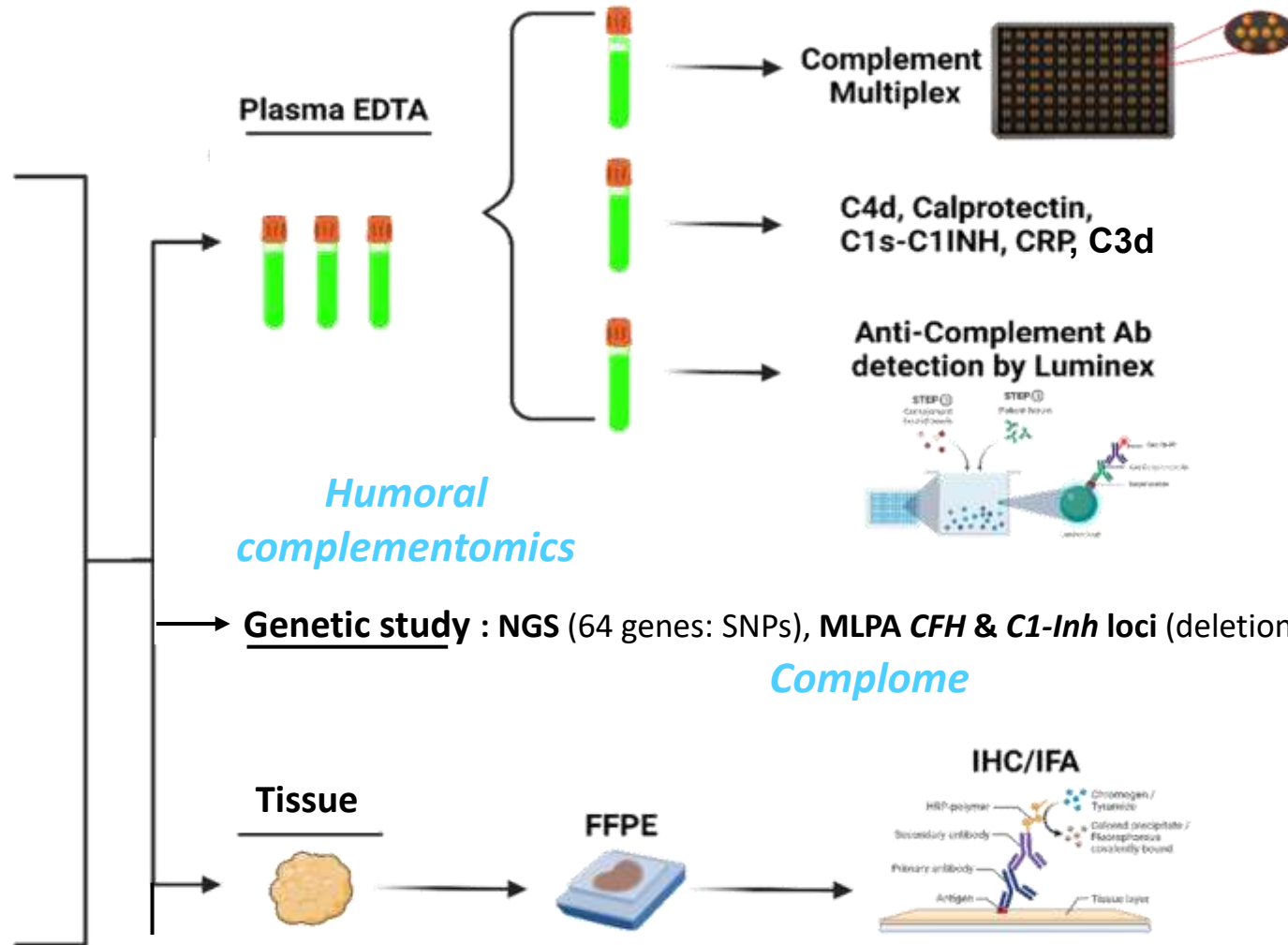


Obrecht A, *Nephrol Dial Transplant*, 2026

Patients' cohort



Controls' cohort



Validated tools



In situ Complementomics

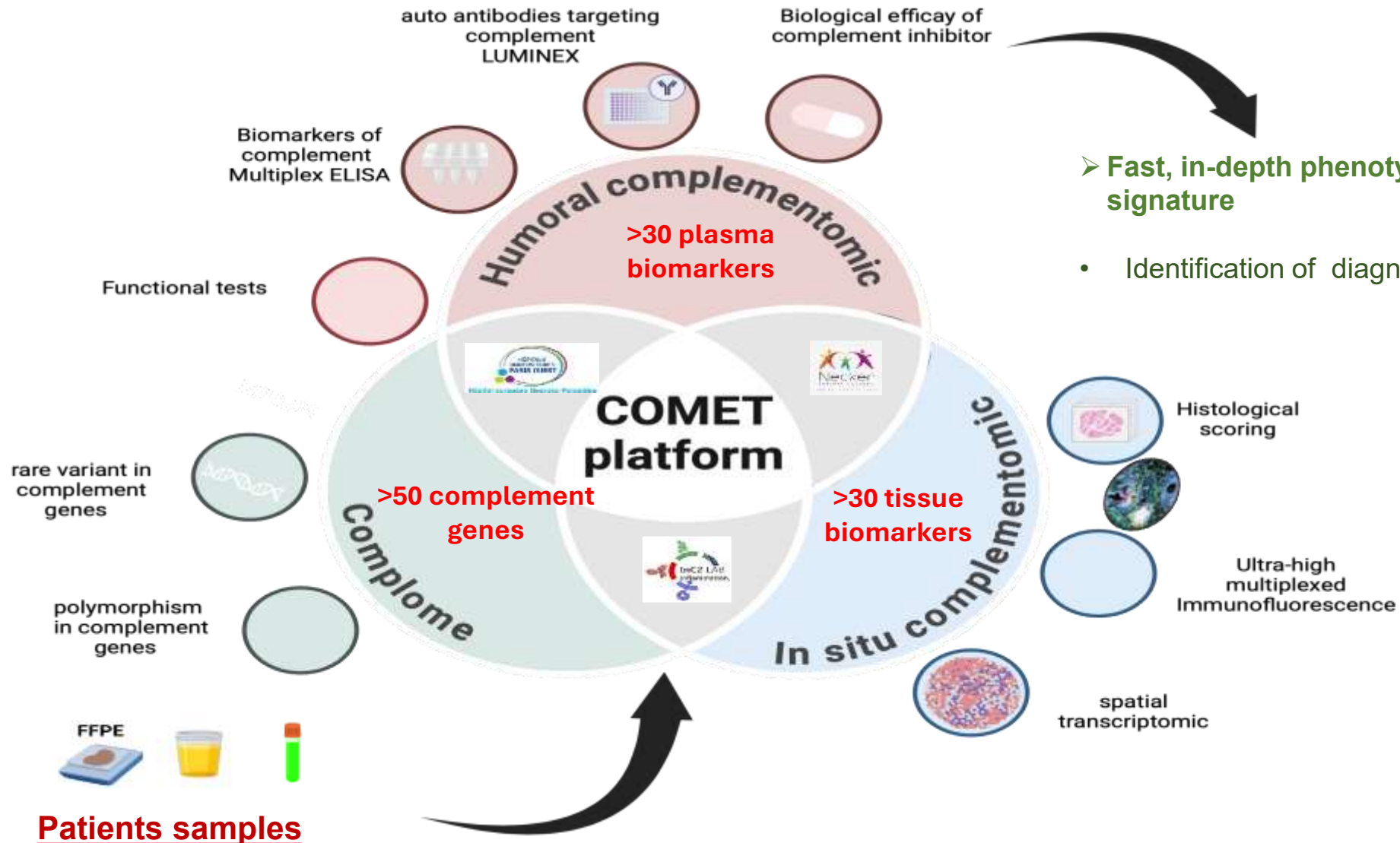
Take home messages

- ✓ Ct is involved in :
 - ✓ Protection and cleansing (elimination of **pathogens**, of **dying cells**, of **immune complexes**),
 - ✓ Sensoring **immune cells** and cross talk between innate and adaptative immunity

! Prevention of infections when using Ct blockers!

- ✓ There are hereditary or acquired **deficiencies**, **genetic polymorphisms** involved in different **rare and common diseases**
- ✓ **Complement activation** is involved in numerous **pathological situations**
- ✓ The **complement activation blockade is a therapeutical approach** using different targets and molecules **already in the market or in the pipeline**
 - The use of these molecules must/should be based on well **characterized physiopathological mechanisms** of the diseases
 - and accompanied by performant and standardized **biological exploration** to allow a personalized medicine and treatment monitoring

Integrated « complementomics » for precision medicine



Certification FHU Hospital University Federation, 2025

Acknowledgments

All members of the Inflammation, Complement and Cancer team and of
HEGP Laboratory of Immunology

Complement group (Paris)

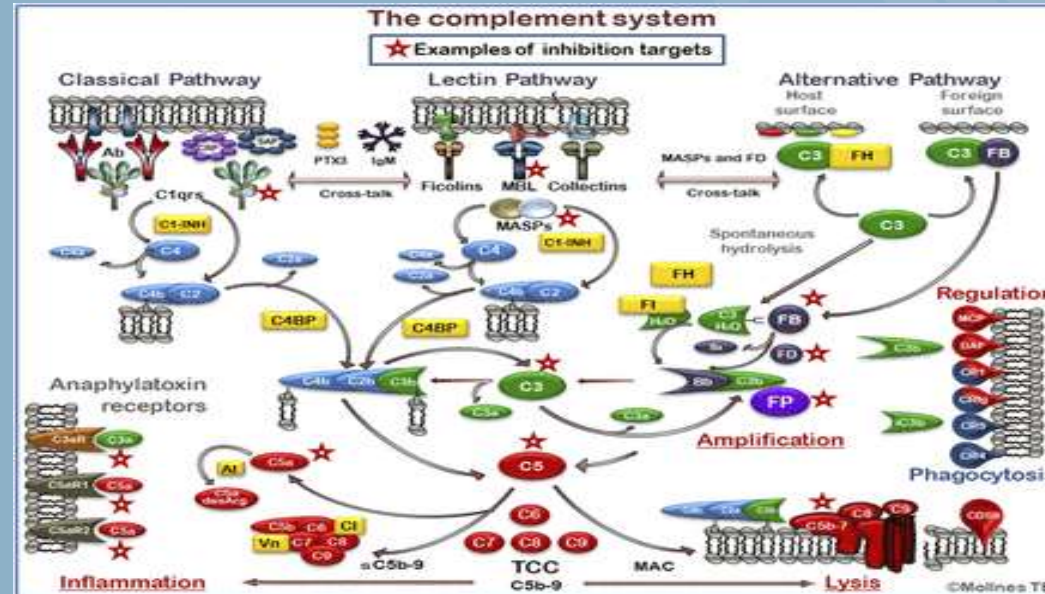
- LT Roumenina
- H Hamidi
- I Boudhabhay
- A Grunenwald
- S Chauvet
- A Duval
- MS Meuleman
- J Roquigny
- P Martins Veira
- C El Sissy
- V Fremeaux-Bacchi





Thank you for your attention!

*P Garred, A tenner, T Mollnes,
Pharmacological Rev 2021,*





SAVE THE DATE

University Diploma Complement system: Diseases and Therapeutics

From December 2026 to May 2027

5 modules of 2 days + Webinars

100% remote, in English



The new University Diploma “**Complement System: Diseases and Therapeutics**” offers a unique training program designed to provide comprehensive expertise in the fundamentals, diagnostic tools, and therapeutic strategies related to the complement system in human diseases.

Entirely delivered **in English and remotely**, this program combines fundamental research, clinical practice, and therapeutic innovation, with contributions from internationally recognized french and international experts.

The program is intended for healthcare professionals, biologists, researchers, as well as industry stakeholders involved in the development of biomarkers, diagnostics, and biotherapies targeting the complement system.

This diploma therefore represents a valuable opportunity for advanced training and knowledge updating in a rapidly expanding field.

A provisional program is available in the attached document.

Registration is scheduled to open from September 2026

